

पेट्रो प्लस PETRO PLUS



Energising Employees

VOL - III / 6

April 2014

Women Empowerment



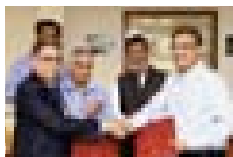


Women
Empowerment 1



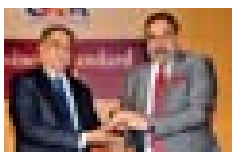
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“There is no chance of the welfare of the world unless the condition of women is improved. It is not possible for a bird to fly on one wing.” Wise words by Swami Vivekananda, highlighting the importance of women in the global context. With the passage of time, women have emerged from their cocoon and are now taking on new roles and responsibilities, storming traditional male bastions in the process. We bring you an informative feature article on Women Empowerment at the national and international level, along with the International Women Day celebrations in BPCL.

‘Dial Bharatgas Mini’ was launched at several locations across the country, to the delight of LPG consumers. This pioneering initiative from the LPG stable, catering to the diverse needs of customers, has met with unprecedented success, especially as this facility is not available with any other Oil Marketing Company.

‘Safety first, safety must’ assumes high priority in all our operations. Hence, National Safety Week and Fire Prevention Week were observed with unbridled enthusiasm at all our locations, with a range of programs organized to commemorate the occasion. Read about them in our feature article in Hindi.

Our exciting Energising Lives Contest has been launched for all of you to showcase your innumerable activities carried out beyond the workplace. Details are given on the Back Cover. Do participate in this engaging endeavour !

PETRO PLUS

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Ms. Marianne Karmarkar

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Mao Zedong said, 'Women hold up half the sky.' Women are a vital human resource, with immense potential for achieving results at the workplace and in society. The sky is the limit for her – if she wants to succeed !

International : The Women Empowerment Journey

1945 : Founding Charter of the United Nations, supporting the rights of women.

1946 : Established Commission on the Status of Women (CSW)

1948 : Universal Declaration of Human Rights.

1975 : International Women's Year

1975 : First World Conference on Women in Mexico

1976-1985 : UN Decade for Women

1976 : Established UN International Research and Training Institute for the Advancement of Women (UN-INSTRAW)

1976 : Established UN Development Fund for Women (UNIFEM)

1977 : United Nations Day for Women's Rights and International Peace

1979 : Adopted Convention on the Elimination of All Forms of Discrimination against Women (CEDAW)

1980 : Second World Conference on Women in Copenhagen

1985 : Third World Conference for Women in Nairobi

1993 : Declaration on the Elimination of Violence against Women

1995 : Fourth World Conference on Women in Beijing

2000 : Gender issues were integrated in many Millennium Development Goals (MDGs)

2010 : New UN Entity for Gender Equality and the Empowerment of Women – UN Women – merged four of the world body's agencies: the UN Development Fund for Women (UNIFEM), the Division for the Advancement of Women (DAW), the Office of the Special Adviser on Gender Issues, and the UN International Research and Training Institute for the Advancement of Women.

2012 : Adopted UN System-wide Action Plan (UN SWAP) on gender equality and women's empowerment

- International Women's Day is observed on 8 March.
- International Day for the Elimination of Violence against Women is observed on 25 November.

WOMEN'S EMPOWERMENT PRINCIPLES

EQUALITY
MEANS
BUSINESS

- 1** Establish high-level corporate leadership for gender equality.
- 2** Treat all women and men fairly at work – respect and support human rights and nondiscrimination.
- 3** Ensure the health, safety and well-being of all women and men workers.
- 4** Promote education, training and professional development for women.
- 5** Implement enterprise development, supply chain and marketing practices that empower women.
- 6** Promote equality through community initiatives and advocacy.
- 7** Measure and publicly report on progress to achieve gender equality.



United Nations Global Compact



National Policy for the Empowerment of Women

Objectives of this Policy include :

- Creating an environment through positive economic and social policies for full development of women to enable them to realize their full potential
- The de-jure and de-facto enjoyment of all human rights and fundamental freedom by women on equal basis with men in all spheres – political, economic, social, cultural and civil
- Equal access to participation and decision making of women in social, political and economic life of the nation
- Equal access to women to health care, quality education at all levels, career and vocational guidance, employment, equal remuneration, occupational health and safety, social security and public office etc.
- Strengthening legal systems aimed at elimination of all forms of discrimination against women
- Changing societal attitudes and community practices by active participation and involvement of both men and women
- Mainstreaming a gender perspective in the development process
- Elimination of discrimination and all forms of violence against women and the girl child; and
- Building and strengthening partnerships with civil society, particularly women's organizations.

Women Empowerment in India

Women constitute about 48.46 % of the country's population. Utilizing the potential of half of the population will lead to economic growth and human capital development. Over the years, the position of women in India has been transforming and today they have become a vital and essential part of the economic work force. However, India still has a long way to go. In spite of various women specific policies, the fruits of development are not shared equally. Indian women even today, face inequality in many areas. A cohesive approach must be followed to empower women and provide equal opportunities and rights that will lead to a change in the society. I am sure, women on their part, with their multi-dimensional capacity and multitasking ability, can contribute towards a peaceful, prosperous and progressive world.

- Krishna Tirath

Minister of State (Independent Charge),
Ministry of Women & Child Development

Today, women are emerging as leaders in growing range of fields, be it aeronautics, medicine, space, engineering, law, politics, business and education. Through online activism, women are able to empower themselves by organizing campaigns and voicing their opinions for equality rights without feeling oppressed by members of society.

Prema Cariappa

Chairperson,
Central Social Welfare Board

The number of women is few at senior management positions, therefore, the younger generation does not have positive role models to emulate and draw support of. Mentoring, which is critical to retain talent and develop it further, is often missing due to the less representation of women in significant and senior roles. Women, 49% of this nation, have the right and the responsibility to make a contribution towards the economic, social and cultural development of this rich country. Women have to rise themselves and come forward, through hard work and dedication, to which there is no substitute.

Veena Swarup

Director (HR),
Engineers India Limited

The gender convergence mantra also holds a key to inclusive governance and our cherished dream of growth with justice and equity. Women's concerns have to be kept at the centre of public policy, developmental planning and governance, with recognition of their role as critical growth agents and as ambassadors of social change.

Rashmi Singh

Executive Director, National Resource Centre for Women,
National Mission for Empowerment of Women
Ministry of Women and
Child Development

It is imperative that the employer issue a strong policy from the top authority against sexual harassment taking a "zero tolerance" approach. This can be done through mandatory publicity campaigns on prevention of sexual harassment and /or employee handbooks made available for wider dissemination at labour offices, women and child development outreach points, health centers or other.

Dr. Charu WaliKhanna

Member,
National Commission for Women

Forum of Women in Public Sector (WIPS)

Cabinet Secretariat in association with Department of Public Enterprises (DPE) and Standing Conference of Public Enterprises (SCOPE) organized a National Convention on Women in PSEs in October 1989 in New Delhi, which was attended by 500 delegates. Thereafter, Forum of Women in Public Sector (WIPS) was created collectively by women under the aegis of SCOPE on 12th February, 1990. With a Central Apex Committee and four Regional Chapters at Delhi, Mumbai, Chennai and Kolkata, it represents the first ever initiative by the Women of the single largest organized sector in focusing the issues related to the advancement of women. February 12th is celebrated every year as WIPS Day by all PSEs.

Source : Kaleidoscope Vol. 23 No. 10 March 2014

Empowerment of women has a direct impact on the business strategy, sustainability efforts and global economy. Real development cannot take root if it bypasses women as they represent the very pivot around which social change takes shape. Equal participation of men and women enhances productivity and increases the country's contribution to global GDP. The Indian Constitution is one of the most progressive in the world and guarantees equal rights for men and women. A number of laws have been enacted to empower women socially, economically, legally and politically. We, on our part, can help fuel women's empowerment and accelerate women's leadership within our own four walls. Companies grow only when its employees grow as individuals. Similarly, women become innovative and grow when they are given a chance to flourish, develop and contribute. Women in Public Sector Enterprises have established themselves as an integral part of the workforce, equally contributing to the growth and development of their organizations. Their inherent talent and potential to move up the corporate ladder and take on leadership challenges needs to be fostered and encouraged.

- Kusumjit Sidhu, IAS

Secretary, Department of Public Enterprises
Ministry of Heavy Industries
& Public Enterprises

There is a growing need for Indian Corporates to strengthen their policies, processes and systems to deal with gender related issues at the work place, given the fact that women are increasingly now becoming a part of the workforce. While most organizations would await an external stimulus, great organizations stay ahead of their time in their values, beliefs and actions.

Nishi Vasudeva

C&MD, Hindustan Petroleum Corporation Ltd.

Nothing is sustainable unless women themselves become the driving force for themselves. Having ambition & clear goals, continuous learning approach, putting in best in every assignment, benchmarking against your own performance, entrepreneurial spirit, no soft options, diversify interest, improve visibility, network effectively, manage information, caring attitude and there is no substitute for hard work.

Dr. Reena Ramachandran

Former C&MD, Hindustan Organic Chemicals Ltd.,
Founder President (WIPS)

There needs to be a sea change in the mindset of the people in the country. Not just the women themselves, but the men have to wake up to a world that is moving towards equality and equity. The employers and employees organizations, notably the Trade Unions have to play a pro-active role in mainstreaming gender equality issues. Gender budgeting in the Government has to be implemented for ensuring focused delivery of a range of government services to the women workers and beneficiaries.

Anil Khachi

Joint Secretary, Ministry of Labour & Employment
Government of India

Women employees are often caught between their work responsibilities and those at home, specially when they have young children. That mid-career promotion not accepted may well be the deciding factor for the journey to the Board Room. So, time the career growth and family's growth well. Also, make the right moves to appear assertive yet team-spirited, decisive and people oriented, committed to organizational business and discipline. Not later than mid career onwards, start requesting for tasks that boost one's image as a leader.

Manjusha Bhatnagar

General Manager (IS) Mangalore Refinery &
Petrochemicals Ltd

Corporate India needs to be credited with providing better opportunities and greater avenues for professional growth to women employees. However, the society at large is still suffering from gender discrimination, age-old stereotypes in the name of tradition and general apathy to women's independence and safety. Despite having many women-centric development policies, the fruits of development are yet to be shared equally.

Dr. U.D. Choubey

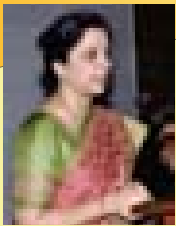
Director General, SCOPE

Chairman's Office



Empowering women to rise above their daily challenges and emerge as a winner everyday was the theme of the International Women's Day celebrations at CO. With her informal manner and colloquial style of speaking, Ms. Deepika Dabke, a psychologist, endeared herself to the ladies, inspiring them to take up initiatives focused on self-development, which would enable them to take up higher responsibilities at the workplace and climb up the corporate ladder. A positive attitude is ideal, to enhance confidence. She advocated setting small goals and achieving them, identifying strengths rather than focusing on weaknesses and resisting the urge to please everyone. The talk urged them to challenge themselves to achieve excellence and be their best selves. The winners of the Hindi poetry, essay and creative presentation competition were also felicitated on the occasion.

Northern Region



At NRO Ms. Kalpana Sethi, Executive Director, Airport Authority of India shared the challenges faced in her professional and personal life and emphasized on the power of being positive throughout.

Presentations were made on 'Women Role Models at Work' and 'Creating a Conducive Work Environment for Women;' session held on 'Creating a Better and Safe Workplace for Women' by Ms. Kavita Singh; 'Important Tips on Women Safety' given by Mr. Ankur / Mr. Ashish from Invictus Combat; Introduction to 'Internal Complaint Committee (ICC), Northern Region' under 'The Sexual Harassment of Women at Work Place (Prevention, Prohibition and Redressal); 'Health talk for Women' on important health issues including change in life style, stress and added responsibilities of contemporary women by Dr. Chitra Setia, Apollo Hospital. Fun-filled games and quizzes were also organized to keep energies high throughout the day.

International Women's Day Celebrations in BPCL

Theme : Inspiring Change

You can tell the condition of a nation by looking at the status of its women. - **Jawaharlal Nehru**

The education and empowerment of women throughout the world cannot fail to result in a more caring, tolerant, and peaceful life for all.

- **Aung San Suu Kyi**, General Secretary National League for Democracy, Burma, Nobel Peace Prize in 1991

A woman is the full circle. Within her is the power to create, nurture and transform. – **Diane Mariechild**

There can never be a generation of great men until there has been a generation of free women or free mothers.

– **Robert Greene Ingersoll**

Southern Region



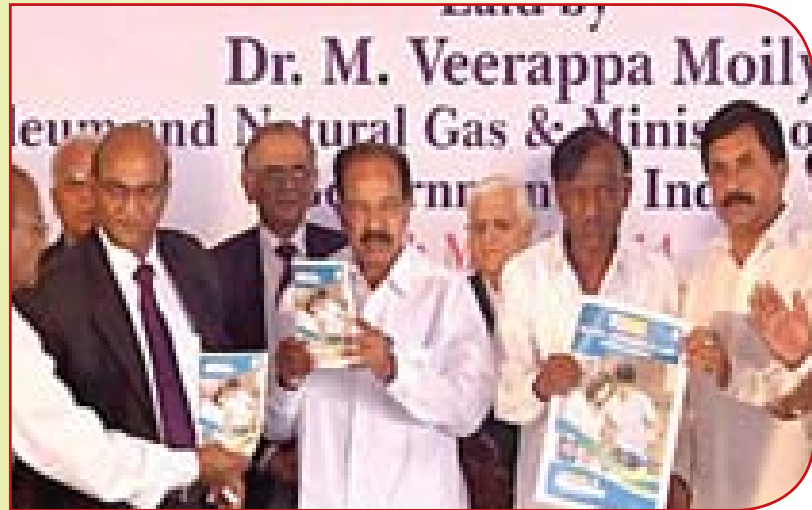
Women's Week was celebrated at SRO with antakshari, cookery competition, games, fancy dress competition, dumb charades etc., exploring their hidden talents. Mrs. Bharathi Bhaskar, a renowned Tamil orator, highlighted the contribution of women since ancient times. Ms. P. Rajeshwari, DGM, IIS South accented the importance of 'human power.' FEMFEST 2014 reflected on the progress made, called for change and celebrated acts of courage and determination by ordinary women who have played extraordinary roles such as ambulance driver, Mrs. Kayalvizhi and auto driver & car coach, Mrs. Kalarani, who were honored at the Grand Finale.

The Oasis Quality Circle Team conducted women's day activities for the housekeeping & gardening staff and the domestic help working in the Annanagar Staff Colony. Apart from competitions and games, the highpoint of the activities was the showcasing of talents of the participants who sang and danced. The programme ended with a sumptuous lunch enjoyed by all.

Petroleum Minister Launches 'Dial Bharatgas Mini'

On 5th March 2014, Hon'ble Minister of Petroleum and Natural Gas, Dr. M Veerappa Moily launched the 'Dial Bharatgas Mini' Scheme in Bangalore in the presence of Shri N.H. Shivashankar Reddy, Hon'ble Dy. Speaker, Karnataka Legislative Assembly, Shri N. Nagaraj (M.T.B), MLA, Hoskote and Mr. S.C. Khuntia, AS & FA (MOP&NG).

People desirous of availing a Bharatgas Mini (5 kg cylinder) can dial the toll free number 1800 22 4344 (same for all cities) and order a new connection or a refill cylinder, which will be delivered to their residence within 2 hours ! Orders can be booked on the toll free number 24 x 7 and deliveries will be made from 9 a.m. to 9 p.m.



Dr. M Veerappa Moily launches the 'Dial Bharatgas Mini' Scheme.

This service has been launched in the cities of Delhi, Bangalore, Hyderabad, Ahmedabad, Kolkata, Chennai, Lucknow, Mumbai, Bhubaneswar, Goa and Pune. Sale of 5 kg LPG cylinders at market price with minimal documentation has commenced from Retail Outlets and the scheme has been successfully catering to the emerging segment of new consumers like IT professionals, BPO employees, students etc. This option is presently not available with any other Oil Marketing Company. Hon'ble Petroleum Minister appreciated the initiative of BPCL in enhancing customer convenience and raising the level of service standards.



Dr. Neeraj Mittal, Joint Secy. (M), MOP&NG launches 'Dial Bharatgas Mini' in Delhi in the presence of Mr. Alok Tripathi, Director (LPG), MOP&NG, Ms. Monica Widhani, ED (Coordination), Mr. D.N. Mathur, RLM North, Mr. Monir Khan, DGM Coordination and Mr. Kailash Nath, TM LPG Piyala.



'Dial Bharatgas Mini' Scheme in Mumbai



'Dial Bharatgas Mini' Scheme in Pune

Memorable MOUs...

...With MOP & NG

BPCL has entered into a Memorandum of Understanding (MoU) with MoP&NG for 2014-15. The MoU was signed in Delhi on 24th March 2014 by Mr. Saurabh Chandra, Secretary, MoP&NG and Mr. S. Varadarajan, our C&MD, in the presence of Dr. S.C. Khuntia, AS & FA, MOP&NG, Mr. K.K. Gupta, Director (M) and other senior officials of MoP&NG and BPCL. BPCL has been consistently awarded an 'Excellent' rating for its performance, from the time of its inception. We are committed to forge ahead in this continuous pursuit of excellence.



Mr. S. Varadarajan, our C&MD, and Mr. Saurabh Chandra, Secretary, MoP&NG exchange the MoU for 2014-15.



Mr. S. Varadarajan, our C&MD and Mr. D. Rajkumar, MD, BPRL sign the MoU.

...With BPRL

Bharat PetroResources Limited (BPRL) has entered into a Memorandum of Understanding (MoU) with BPCL for the financial year 2014-15. The MoU was signed by Mr. S. Varadarajan, our C&MD and Mr. D. Rajkumar, MD, BPRL in Delhi on 24th March 2014 in the presence of Mr. K.K. Gupta, our Director (M), Ms. Monica Widhani, ED (Coordination), Mr. B.P. Singh, GM I/C (Planning & Infrastructure) and other team members of BPCL and BPRL. This is the seventh MoU BPRL has signed with BPCL. BPRL has achieved an 'Excellent' rating in the MoUs signed during the last six years.

...With IGL

BPCL has entered into a Memorandum of Understanding (MoU) with M/s. Indraprastha Gas Ltd. (IGL) for marketing of Lubricants at IGL Gas Stations across Delhi and NCR. The MoU was signed on 28th March 2014 between Mr. RIA Khan, RM Lubricants (NR) and Mr. Rajesh Chaturvedi, Director (Commercial), IGL at Noida Regional Office. Presently, IGL has a network of 115 CNG Stations across Delhi/NCR and lakhs of customers visit these outlets every day. With this network base, we have a great opportunity to market lubricants, notably MAK GE, a premium CNG Engine Oil and Coolants at these outlets. This new channel will help us penetrate horizontally on a wide reach of selling points of MAK Lubricants and will simultaneously also help in leveraging brand visibility across Delhi/NCR in the CNG segment. The agreement is valid for a period of 5 years. It is projected to market 100 MT of lubricants through this new network of sales in 2014-15.



Mr. Rajesh Chaturvedi, Director (Commercial), IGL and Mr. RIA Khan, RM Lubricants (NR) exchange the MoU.

NHT CCR Complex Commissioned at MR



On 18th April 2014, Mumbai Refinery celebrated with undiluted joy, as Mr. S. Varadarajan, our C&MD, unveiled the plaque to commission the NHT/CCR Complex at an impressive ceremony graced by our Directors and senior officials. He commended the way people toiled, inspite of all adversities, to make this CCR dream come true.

The 1.17 MMTPA unit, which can upgrade Naphtha to Motor Spirit (MS), while producing LPG and Hydrogen as byproduct, was built at a cost of Rs. 1827 crores. The Naphtha Hydrotreater (NHT) unit feed was cut in on 10th February 2014 and Continuous Catalytic Regeneration (CCR) unit feed was cut in on 4th March 2014. On-grade product, Heavy Reformate with an

Octane Number of 108 (used for MS blend) was diverted to storage on 8th March, 2014.

Mr. S.S. Sunderajan, ED (MR), while lauding the team, said this was possible due to the untiring effort, tenacity & single-minded focus of the BPCL/UIPL/contractors team. Mr. K.K. Gupta, Director (M), appreciated the efforts of the team and called upon each one to strive for maximizing the production of MS. Mr. S.P. Gathoo, Director (HR), praised the safety record of the CCR commissioning and asked the project team to maintain the same standards in other projects also.

Mr. B.K. Datta, Director (R), an epitome of strength during CCR's hard times, asked Operations to set new heights in optimization and production.



BP Expressway Goes Platinum

BP Expressway, our flagship OSTs on the Mumbai Pune MSRDC Expressway, once again achieved pioneering status as the first Highway PFS Platinum RO in the country ! BP Expressway was dedicated to the customers by Regional Head Retail West, Mr. P.S. Ravi and Mr. Surjeet Mahalik, Chief Manager Retail West. It caters to customers plying from Mumbai to Pune, Kolhapur, Mahabaleshwar, Goa and Bengaluru.

Earlier in the year, the OSTs successfully passed all the stringent norms of the New Highway Platinum Manual and was certified by an Audit committee of Mr. V.N.Tilak, Chief Manager Highway Retailing HQ, Mr. Subhankar Sen, Chief Manager, Retail Sales – West and Mr. S. Vembu, Sr.Manager Retail Initiatives, West.

Schemes abound at this OSTs. The newly launched scheme across the territory

of 'Fill More Win More' had garnered enthusiasm. The cross promotional scheme with non-fuel ARB partners, wherein every partner on the food court was offering our customers an excellent discount on their food bills on the minimum purchase of Rs.1500 worth of fuel, was also a success. Renovated toilet blocks spoke volumes of the quality of workmanship and innovative interior design of the new facilities. The best DSM (three of them), best team leader and best cashier awards were also presented. Such enhancement in services and infrastructure not only leads to customer satisfaction but also accelerates the process towards achieving customer delight.



MAFFFL Soars



From left are Mr. Shyam Mustyalwar, Mr. Pramod Sharma, Mr. Rajeev Jain, Mr. K.V. Rao and Mr. S.C. Meshram after signing the Shareholders Agreement.

The JV, Mumbai Aviation Fuel Farm Facility Private Ltd. (MAFFFL) has taken off with all four stakeholders – BPCL, HPCL, IOC and Mumbai International Airport Ltd. (MIAL) with 25% shareholding each in the JVC - agreeing to put in an aggregate equity contribution of Rs.238.88 crore. The overall project cost is estimated at Rs.653.08 crore, with equity contribution by each member at Rs.59.72 crore. The integrated hydrant project is likely to be completed by MAFFFL within three years.

Mr. K.V.Rao, Director Finance, HPCL, Mr. Rajeev Jain, CEO MIAL, Mr. S.C. Meshram, ED (Direct Sales), IOC, Mr. Shyam Mustyalwar, CEO MAFFFL and Mr. Pramod Sharma, ED Aviation, BPCL signed the Shareholders Agreement and Share Purchase Agreement on 6.3.2014 at Mumbai. The existing fuel farm assets and services will get transferred to the JVC. We have also constructed a dedicated ATF pipeline from Mumbai Refinery to the Airport, which was commissioned in 2014. With ownership of the fuel farm infrastructure at the airport and dedicated ATF pipeline from our Refinery, BPCL will have a logistical advantage over other ATF suppliers. Also, with commencement of the integrated Common User Facility, BPCL as ATF supplier will be at a level playing field vis-a-vis competition.

Launch of ASMA

Facilitating fast and efficient disposal of assets and scrap, ERP CC has developed ASMA-Asset and Scrap Management Application to provide an online end to end solution through creation of ADA, sales order, delivery, PGI & billing and asset retirement. This application will have a significant impact in terms of time reduction for the entire disposal process, thereby creating value for the organization. The application went live at CPO (M)'s office by the creation of the first sales order in the production system through ASMA by Mr. George Paul, ED (LPG) and the release of the user manual by Mr. K.B.Narayanan, ED (IIS).

Forging Ahead

Pune I&C Territory created a flutter in Maharashtra's Fuel Oil scenario when they successfully quelled the competition to bag the total Fuel Oil business of M/s. Bharat Forge Ltd. (BFL) for the period February 2014 to March 2015. BFL's annual fuel requirement of more than 30 TMT of Furnace Oil and Industrial SKO would now be exclusively supplied by BPCL.



The second largest forging group in the world, BFL's Pune unit boasts of being the world's largest forging unit in a single location. Owing to their international stature and growing national presence, it has become prestigious to bag their business. Further, their emphasis of sourcing their total Black Oil requirement (FO/LDO) only through Rake supplies also assists Oil Companies to meet Q&Q as well as logistic challenges. BFL is also poised to forge stronger bonds as a partner in BPCL's consortium – BPRL which has been awarded a land exploration block in Cambay Basin, Gujarat.

The formal MOU was signed at Pune on 8th March, 2014 by Mr. S. Yadwadkar, TM (I&C) Pune and Mr. R. Nale, Sr. Manager Materials in the presence of Mr. Sanjeev Pargaonkar, Senior Vice President, Materials, BFL and Mr. R.P. Natekar, ED (I&C), Mr. Sudhir Malik, GM Sales (I&C), Mr. Pradeep Iyengar, Chief Mgr.BD (Indl.) HQ and Pune Territory Officers. By offering to become their total Fuel provider, I&C has also initiated dialogue with BFL Management to source their Lubes & LPG requirements from BPCL during the year.

Basant Utsav

BPCL's beautiful blooms reigned supreme at the Noida Flower Show organized by the Noida Floriculture Society, in association with Noida Authority. Leading corporates, schools, Govt. authorities etc. use this platform to showcase their endeavours in the field of horticulture in their work premises. BPCL won a plethora of prizes – the Best Institutional Garden, Best Entry in Show and Highest Aggregate Marks by a Corporate Institution, to name a few.

Skill Development for Youth

BPCL has embarked on a unique project to provide vocational skills for the unemployed youth in Kochi, in partnership with M/s. ITCOT Consultancy and Services Ltd., a joint venture of leading financial institutions, State Development Corporations and Commercial Banks. The MoU was signed recently at Kochi Refinery Office by Mr. S. Vijayakumar, ED (Legal) Designate and Mr. P Mishra, Pr. Vice President, ITCOT.

The project envisages providing vocational training to 1000 unemployed youth in and around Kochi Refinery over a span of 15 months. The candidates will be then forwarded to placement in various sectors. M/s ITCOT will coordinate the different modules of industry linked skill training, soft skills and placement.



Mr. S. Vijayakumar, signs the agreement. Also seen are Mr. Srikant Desai, GM Designate, Mr. Basil Benjamin, CM (Projects), Mr. Vineeth M. Varghese, Manager (PR), Ms. Priya Satish, Dy. Manager (CSR) and Mr. P Mishra.

Boosting Gas Infrastructure



From left are Mr. Vijay Duggal, then DGM (NI) Gas, BPCL, Mr. I. S. Rao, ED (Gas), BPCL, Mr. Vivek Mittal, Sr. Manager Commercial, PLL, Mr. R.K. Garg, Director (Commercial) PLL, Dr. A.K. Balyan, MD & CEO, PLL, Mr. Rajender Singh, VP (Technical) PLL and Mr. Pankaj Wadhwa, VP (Finance) PLL.

After partnering in the major cross country gas pipelines, Gas SBU has taken another major step to strengthen the infrastructural requirements for meeting the gas demand of the country, by booking regasification capacity of 1 MMTPA at Petronet LNG terminal at Dahej. This 1 MMTPA capacity would be in addition to the existing 1.3 MMTPA currently handled by Gas SBU and 2 MMTPA capacity share available at Kochi. The additional capacity, which would be on tolling basis, will enable BPCL to bring its own cargoes to Dahej to meet the RLNG demand of Refineries and customers. The Regasification agreement was executed by Mr. I.S. Rao, ED (Gas), BPCL and Mr. R.K. Garg, Director Commercial, Petronet LNG Ltd. in the presence of Dr. A.K. Balyan, MD & CEO, Petronet LNG Ltd. and other officials of BPCL and PLL at Delhi.

Teacher Training & Leadership Development

Teachers are undisputedly the pillars of a progressive society. Primary school teaching is very challenging and sets the foundation for future learning. Hence, we piloted the Teacher Training & Leadership Development Project (2012-14) to empower and motivate primary teachers & principals from 17 schools across Mumbai. Through the project, we aimed to impact not only individual classrooms but the entire school environment. We had arranged many training sessions & activities for these teachers over 2 years.

As a culmination of these sessions, we had organized an exhibition of the "Teaching learning materials & methods" on 7th March 2014 developed by the teachers, which they have used innovatively in their classroom. We received an overwhelming response

from teachers of primary & secondary schools, BPCL employees and representatives of NGOs.

Olympian Mr. M.M. Somaya, then GM (Brand & PR) took a session on values & management principles for the school environment through sports and also shared the turning points & experiences in his life. The teachers were inspired and determined to give of their best as per the Olympics motto - Faster, Higher, Stronger....





C&MD presenting an award to Cherlapally Retail Installation

Annual HSSE Awards : 2012-13



The Annual HSSE Awards are primarily aimed to recognize BUs/Entities performance based on well integrated HSSE policies & procedures as a key organizational value, which is measurable and linked to productivity & profitability. The Awards were presented by

Mr.S.Varadarajan, our C&MD, Mr. K.K.Gupta, Director (Marketing) and Mr. B.K. Datta, Director (Refineries) during the HSSE Council Meeting held at Mumbai Refinery on 10th March 2014.

CHAIRMAN'S AWARD

- ★ Excellence in HSSE in Marketing Category : Cherlapally Retail Installation
- ★ Excellence in HSSE in Retail (Installation/TOP Category) : Sangrur Retail TOP
- ★ Excellence in LPG (Annual Throughput above 125 TMT) : Coimbatore LPG plant.

AWARDS

- ★ Rairu Depot : Excellence in HSSE : Retail Category 2 –Annual Throughput above 200 TKL
- ★ Bikaner LPG Plant : Excellence in HSSE - LPG plant Category 1 :Annual Throughput upto 125 TMT
- ★ Sidhpur Retail TOP : Excellence in HSSE - Retail Category 1 :Annual Throughput upto 200 TKL
- ★ Loni Lube Plant : Excellence in HSSE” - Lubes
- ★ Jaipur AFS : Excellence in HSSE - Aviation Category 1 :Annual Throughput upto 10 TKL
- ★ Gwalior AFS : Excellence in HSSE -Aviation Category 2 :Annual Throughput above 10 TKL
- ★ Malarna E&P Project : Excellence in HSSE practices at E&P Project site
- ★ Gonda Depot : Best Near Miss Reporting, Analysis & Corrective action
- ★ Tondiarpet Retail Installation : Responsive Sustainable Development Reporting-Marketing locations
- ★ ER Regional Office : Best HSSE Practices at Offices
- ★ Mumbai –Manmad Pipeline : Best HSSE practices in Cross-Country Pipelines



Director (M) presenting an award to Gwalior AFS



Director (R) presenting an award to the MMPL team

Star PSU Award



BPCL received a special recognition during the Business Standard Awards function when the company was awarded the 'Star PSU of the Year' trophy at a glittering ceremony in Mumbai on 29th March 2014. The Chief Guest, Hon'ble Minister of Commerce, Industry and Textiles, Mr. Anand Sharma, commended the award winners as representatives of the dauntless spirit of Indian entrepreneurship and mentioned that the awards were a salute to a resurgent India who could take on any challenge despite all odds. Receiving the award, Mr. S. Varadarajan, our C&MD, expressed that it is a huge recognition of BPCL's ability to create value. The award revalidates our belief that if you have conviction and willingness to innovate, customers will stand by you. BPCL can count itself to be the foremost Public Sector Undertaking in the country! Congratulations to every member of the BPCL family who made this achievement possible!

Kerala Safety Award

Kochi Refinery has won the prestigious Safety Award 2013 instituted by the Department of Factories & Boilers, Government of Kerala, in the category of Very Large Industries. Mr. Prasad K. Panicker, ED (KR) received the award from Mr. K. Muraleedharan, MLA at a function held at VJT Hall, Thiruvananthapuram on National Safety Day viz. 4th March. Mr. Tom Jose, Secretary, Labour, and Mr. K. Sasi, Director, Factories & Boilers, were also present.



NSC Safety Award

Kochi Refinery won the Runner-up Award for Outstanding Safety Performance in the Very Large Industries Sector instituted by National Safety Council (Kerala Chapter) for the performance of 2013. Mr. P.K. Thampi, DGM (Technical) I/C received the award at a function held at Ernakulam on 4.3.2014. Mr. C.K. Soman, GM (Operations) & Vice Chairman, National Safety Council (Kerala Chapter) spoke on the occasion. Mr. V.M. Ramesh, Dy. Mgr. (Fire & Safety) received the certificate for the second prize in the All Kerala Safety Essay competition. Mr. K. Sajeevan, Chairman, Kerala State Pollution Control Board, Mr. P Pramod, Joint Director of Factories and Boilers, HQ, Mr. V.J. Francis Xavier, Chairman, NSC(KC), Mr. M. Thomas Kadavan, Hon. Secretary, NSC(KC), Mr. C.K. Krishnan, Hon. Treasurer, NSC(KC), Mr. K.N. Gopinath, Gen. Secretary, CITU District Committee and Adv. K.P. Haridas, State Gen. Secretary, INTUC were also present.



INFOSEC MAESTRO Award

Regarded as an integral part of IT strategy, Information Security plays a major role for CIOs. 'INFOSEC MAESTROS' Awards 2014 have been instituted to inspire the innovative, talented and hardworking Information Technology professionals across verticals. Dr. U.V. Girish Kumar, GM (IT&BI), Retail HQ has been selected as one of the top 100 INFOSEC MAESTROS across all Industries in India in 2014. He received the award from Director, IBM-Asia Pacific region during a grand function on 11th April, 2014 at The Lalit, Mumbai.



No Risks for MR

Risk Based Inspection study (RBI Phase-3) of static equipment pertaining to CCU Complex, CCR Complex, HDS Unit, MTBE Unit & MINAS Plant was carried out as per schedule and rolled out by Mr. S. S. Sunderajan, then GM I/C-MR on 3.3.2014. M/s. SGS India Pvt.Ltd. was the project implementation partner and the project was completed in a record time of 30 weeks ! The study involved assessment of risk for 222 corrosion loops comprising 3874 components in 5 plants. On implementation of RBI Phase-3, the study of all units has been completed at Mumbai Refinery. Implementation of RBI has brought additional wisdom into inspection culture, which would reflect in M&I practices, both quantitatively and qualitatively, resulting in higher reliability. This was a collaborative effort by Inspection, Technology, Operations and CS&S.

Tarang Touches Lives

"Each time a man ... acts to improve the lot of others ... he sends forth a tiny ripple of hope," said Robert F. Kennedy Jr. Product Despatches Department at Mumbai Refinery has started a small, informal, voluntary employee group initiative called Tarang (ripple) to bond with the communities around in various ways. The maiden activity of Tarang was to provide financial support to Karuna Care Centre, Manmad in their effort to make a Goat Farm as an income generating activity to take care of the orphaned HIV/AIDS patients / children. M/s. K.A. Kunjumon, P.H. Bagdekar, N.S. Talwadkar, D.D. Subhedar, Pandu Koli & Kadam handed over a cheque of Rs.40,000/- to them. The group is already working on their next project of providing free tuition for academically weak and needy students in Science, Mathematics & English at a nearby school.

Audit Adds Value

The theme of the Audit Conference – 'Adding VALUE through mirror reflection' showcased how Audit adds value to the organization.

V - Veracity (Integrity of data & observance of facts)

A - Assurance (Providing assurance to management & protecting company resources)

L - Law Compliance (Ensuring compliance with laws, convergence with company policies/guidelines, identifying legal, safety and environmental risks)

U - Unbiased (Independent assessment & opinion)

E - Effectiveness (Assessing effectiveness of internal controls & promoting efficiency/process improvement)

As a mirror is to our day-to-day life, so is Audit to the various Businesses & Entities.

Medical Services at Hospitals

HRS (West) organized its annual meeting with delegates from 35 Mumbai based empanelled hospitals/ diagnostic centres. It was attended by Ben.Admin. Role Holders along with doctors of Western Region and Refinery. During the discussions led by GM (HRS) West & GM (HR) MR, various issues related to medical services provided by hospitals, ranging from hassle-free admission to billing and discharge, one point contact at the hospitals and in our offices, release of advance, health check up, reports etc. The hospitals have volunteered to conduct various camps / talks on health related issues and preventive measures to increase awareness amongst BPCL employees to lead a happy, healthy life.

Story at Work

Stories have always fascinated us. We have grown up listening to the stories of our elders. Moreover, stories have instilled values and moulded our characters. Stories can create magic, make us dream beyond the ordinary and inspire us to achieve personal and professional excellence. What better way to transfer knowledge and experience than story telling ? Listening to stories is above all, fun. Recently HRS South rolled out a unique initiative - Story at Work – to energise and de-stress employees. Renowned storyteller, Ms. Jeeva Raghunathan held the employees of SRO spellbound with her engaging stories in English and Tamil, conducted on the foyers of each floor.

Computer Vistas for Villagers

"Knowledge is power. Information is liberating. Education is the premise of progress, in every society, in every family," said Kofi Annan. In today's world, computer knowledge is essential. Thus, Mumbai Refinery started a Community Information and Training Centre in collaboration with Pratham Infotech Foundation and Mahul Gram Samiti at Mahul to impart structured computer education to all age groups. The centre was inaugurated on 4.3.2014 by Mr. R.R. Nair, GM (HR) MR in the presence of Mr. L.T. Vaity, Ch. Mgr.(ER) and Mr. E Rozario, Ch. Mgr. (Admin.), Mr. Prem Yadav, Director - Pratham Infotech Foundation and Mr. Ramesh Patil, President - Mahul Gram Samiti. Over the next five years, 1650 working youth, school students, college students and women will be provided computer education at this centre.

IS Hits a Century

In BPCL, the communication network has always been the backbone of our IT activities, with uptime being crucial for smooth business operations, as it ensures users access to BPCL Applications from anywhere. The network team strives hard to provide the best possible reliable connectivity. At our remote locations, the primary network connectivity has been provided through BSNL MPLS (Multi Protocol Label Switching) link and the fallback for this link on VSAT. The Secondary MPLS project was started to ensure high availability and low latency network connectivity to users across the company.

The Secondary MPLS link is being commissioned at 160 locations all over India including Retail Installations, Depots, Despatch Units, LPG Bottling Plants etc. Hyderabad LPG was the first site to be commissioned on 17.10.2013. The project hit a century with the commissioning of the Jalandhar Despatch Unit link within a record time of four months! To celebrate the success of this achievement, a cake cutting ceremony was organized at eight IS locations simultaneously on 18.2.2014. The main event took place at IS dept., CO, with CDC, Sewree, IDC, Greater Noida and SRO IS teams joining over video-conferencing. Kochi Refinery, Mumbai Refinery, ERO and NRO IS teams joined over Office Communicator (OCS). The network made it possible!

Inspiring Safety

For the first time, Mumbai Refinery conducted a story telling competition on Safety, titled 'Suraksha Prasang' on 11th March 2014, as part of the ongoing Safety Month programs. Story-telling has been an effective traditional way to teach values and culture right from childhood. Today companies across the globe adopt this method to spread awareness, sensitize and inculcate the right attitude in employees towards organization principles, values & culture. 29 participants shared their experience and learning in Marathi, Hindi or English on the following themes - 1) Safety – a way of life 2) Zero accident requires 100% commitment to safety 3) Safety is the first gate to success and 4) A stitch in time saves nine.

Mr. M.L. Kute, DGM (Workplace, Safety & Security) and Mr. R.B. Tupe, Chief Manager, Advisory Services, the jury for the competition, shared their powerful insights on Safety and its adherence. This humble beginning of 'Suraksha Prasang' will enable us to make a paradigm shift and live with Safety as an unconscious habit, rather than follow it as a conscious practice.

Proficiency Testing at its Finest

Being the first movers as a PT provider in India, BPCL Proficiency Testing at Sewree is often referred by NABL to aspiring PT providers. We utilized the opportunity to provide our consultancy services to such organizations, to add to the bottom line of our PT department, and also help in improving the capabilities of our personnel, who can bring rich experiences back to our labs. BPCL PT conducted the first commercial training program on 'Critical aspects of ISO/IEC 17043: 2010 and the associated Statistical Techniques' for M/s. Fine Finish Organics Pvt. Ltd. Customized to their requirements, it was held at the customer's site at Taloja MIDC from 25th to 27th March 2014. The PT team was involved in designing the course module and providing training to the customer. The excellent feedback will motivate the PT team to explore more opportunities in future.

Mr. Vijay Duggal General Manager (Gas) Delhi



A Chartered Accountant, Mr. Duggal commenced his professional journey with BPCL in 1987, handling assignments across Treasury, Pricing and Taxation. During secondment to OCC (1992-2002) and PPAC (2002-2007), he contributed significantly to the financial, technical and operational aspects relating to Upstream, Refineries, Marketing, Shipping and Pipelines. He has developed a comprehensive perspective of the Indian oil & gas sector through active involvement and association with several high-powered committees set up by MoP&NG on dismantling of APM, Re-structuring of Standalone Refineries, Price Reviews, Subsidy Fixation, Synergy in Energy, PNGRB Bill, Royalty on Crude Oil & Gas, Gas Pricing, Policy on Pipelines and JV CGD Networks. During his stint in PNGRB (2007-08), he developed the first set of Regulations on Pipelines and CGD Networks. Back in BPCL in 2009 in the Gas SBU, he handles new business initiatives and strategies and has successfully steered bidding strategies for 3 cross-country NG pipelines, Kochi LPG Pipeline and was associated with the M&A proposal in the CGD sector. He takes keen interest in capacity building in the Oil & Gas sector and is a voracious reader. His wife, Manisha is an MBA (Finance) and after a successful career in banking, is an active homemaker. Both are often seen cycling along Lutyen Delhi roads. Their elder son, Gaurav, is a B-Tech (EEE) from BITS Pilani; he works for a start-up company in wearable technology & has his own start-up company in Robotics. He has a passion for long distance cycling and marathons and plays the keyboard. Their younger son, Rahul, is doing his 3rd year B-Tech (CS) in NSIT, Delhi, is an active swimmer and plays the violin.

Mr. Ashok Kumar Gupta Chief Procurement Officer



Mr. Gupta graduated in B.E. (Civil) with Honours from Punjab Engg. College, Chandigarh (now Chandigarh Technical University), followed by M.Sc. Engg. in Highways from the same Institute. He joined BPCL in 1982 at Delhi, as Engg. Officer and held various positions in Retail Engg., in Divisions and as Engg. Head at Northern Region. He was responsible for design and construction of NGROs in the North, from 1994 to 1998. He also worked as AMM at Panipat and Bangalore for 7 years. During his stint as Retail Engg. Head from 2010 to 2013, there were a record number of NROs commissioned and upgraded with maximum Capex, and Retail Automation was consolidated and extended. He is a member of Institute of Engineers and All India Management Association. He is fond of travelling, singing and listening to classical music. He has also trekked several times between Kalka to Kasauli. He enjoys reading, particularly on management & spirituality. His wife, Saroj is a homemaker, with interest in cooking, dancing and badminton. Their elder son, Jatin, a MBA in Finance, is employed and loves singing and dancing. The younger son, Archit is pursuing his MBA (Tech) and is fond of photography, singing, painting and calligraphy.

Mr. V. Nagarajan Sr. Vice President (BDT/COT/VBPL & Marketing) BORL



A postgraduate in Science from Pune University, Mr. Nagarajan joined BPCL in September 1982. After initial training in Operations & Sales, he was posted in Koyali Despatch Unit and then worked in Distribution, Transport and Direct Market Sales CO till 1995. After SBU formation, he took over as TM (Indl.) Chennai in 1997. Further postings include TM (Retail) Chennai, Regional Fleet Services Manager (South) and Chief Distribution Manager (North). Being a major Region with high sales potential and dependency on OMCs, it was a challenging task to ensure product availability to meet market demand. He has been on deputation to BORL from April 2010 as In-charge of the Terminal (the largest terminal with POL and LPG loading), from commissioning to stabilization. He credits all his achievements to the constant support from his colleagues and family. His hobbies are reading books and playing tennis. His family consists of his wife and a son.

Mr. Milind S. Patke Team Leader Project CUBE



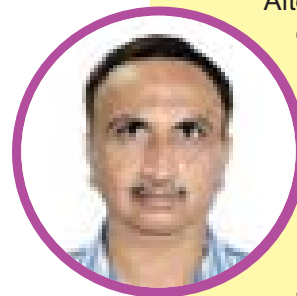
A B.E. (Mech.) from Delhi College of Engineering, Mr. Patke joined BPCL in 1984 in the P&AD set-up. He then worked in Northern and Eastern Regions before taking over as Manager Pune Division in 1993. Due to his technical acumen, he was able to make significant forays into Munjal Showa, Maruti, Tata Steel and erstwhile Telco. After stints as Divisional Manager (LPG) Pune and Ranchi, he took over as Regional Manager (Lubes) ER in 1999 and revitalized the business in Nepal. He was the first Head of Supply Chain (Lubes) in 2002 and took several cost control measures including co-freighting Base Oils with HPC and e-procurement of packaging materials and even additives. He was core Team Lead (Lubes) for development and implementation of SCM APO in Lubes BU in 2005 and a member of the task force for drawing up Group II usage and marketing strategy. In 2006, he took over as Head Industrial (Lubes) and tied up with TVS for the launch and seamless distribution of TVS Genuine Oil from TVS channels by implementing a web interface between TVS and BPCL. This idea won the Chairman's Award in 2007 and was later replicated in another business. In 2011, he joined the CUBE team and established a connect with cross-functional teams in all regions. He guided the team towards implementing the BPCL First initiative in 14 cities and later, expanded to 18 more cities across the country. This initiative has given BPCL an opportunity to differentiate itself from OMCs, besides achieving much needed cross-BU integration. Recently, he also completed a two year Post Graduate Diploma in Management from IIM Indore Mumbai campus. His wife, Manjari is a housewife. Their elder daughter, Pallavi is a Textile Designer from NIFT and she recently completed her MA in History of Design from University of Brighton, UK. Their younger daughter, Prachi is doing her BE Electronics (1st Year) from BITS Pilani (Goa campus).

Mr. Srikant S. Desai General Manager Designate



Mr. Desai is a Civil Engineer from UVC Bangalore. After a two year stint with Tata's at Trombay, he joined BPCL on 2.9.1983 in the Estates Department, Mumbai Refinery. In 1991, he moved to the Marketing Section of the Retail business and worked in various retail engineering assignments, winning the Chairman's trophy for retail outlet design. As the Head of Wadilube Installation, he was instrumental in the turnaround of our Lubricants business and obtained ISO Certification for Wadilube Installation. He then played a leadership role as Head of the Retail business in Gujarat, when competition was stiff, with the new retail outlets of Reliance and Essar entering the fray. In Administration, he was instrumental in completion of various administrative projects, in addition to CSR and other functions. He and his wife, Sneha, are blessed with two beautiful daughters - Bhavana and Prerana, whom he credits with all his achievements in life, quipping, "Behind every successful man is a woman !" Among his interests are his fondness for cricket and golf. He is witty and humorous and enjoys only comedies. His favourite saying is, "Little does one know then, as a young passionate seeker, that the job if given will become life itself - that is what BPCL is."

Mr. Jayesh S. Shah General Manager (HR) Retail HQ



After graduating as a Civil Engineer from M.S. University, Vadodara, Mr. Shah joined BPCL in 1984. He started off his career as an Engineering Officer with Ahmedabad Division, after which he moved to Administration department at CO/WR where he worked for sixteen years in various capacities. During his tenure in Administration, he made useful contributions in creating several facilities like the housing / office complexes and renovating / maintaining the existing facilities. He also had stints as Team Member in Project CALIBER, Project WIN and was the HR Entities head. As head of Talent Management, his biggest contribution was in the area of re-articulating the Culture and Values of BPCL and designing and implementing ASCEND – the Talent Management framework of BPCL. A firm believer of continuous learning to keep oneself updated, he acquired a MBA in Marketing as well as HR and a MA in Economics and Political Science. A family man, he attributes his success to his wife Indira, a homemaker who has been his pillar of strength and takes pride in the fact that both his children - Nachiket and Aditi, are qualified doctors.



The Motor Vehicles Act, 1988 is enacted to consolidate the law relating to motor vehicles taking into account the changes due to road transport technology, pattern of passenger and freight movements, road network, etc. This article covers one part of the Act i.e. relating to Accident Claims as incidents of accidents leading to loss of life and property across the country are rising rapidly. The Act provides for compulsory third party insurance and procedure of adjudication, to ensure relief to victims of accident cases.

Motor accidents can cause serious injuries and even death, having a major impact on people's lives and the lives of people around them. At the same time, the person responsible for the accident or his insurance company may also face substantial liability. The Act stipulates that no person shall use or allow any other person to use a motor vehicle without a policy of insurance against third party risks. Where dangerous or hazardous goods are carried, there shall also be a policy of insurance under the Public Liability Insurance Act, 1991

Interim Relief

Where death or permanent disablement of any person has resulted from the accident, the owner of the vehicle is liable to pay compensation of Rs.50,000 for death and Rs.25,000 for permanent disability, as interim relief (Section 140). This is on 'no fault' basis and claim cannot be defeated by reason of wrongful act of the victim. It is awarded immediately as an interim relief by the Tribunal.

Hit And Run Compensation

In hit and run cases, where the identity of the vehicle cannot be ascertained, the General Insurance Company is liable to pay Rs.25,000 for death and Rs.12,500 in respect of grievous hurt, for which claims are to be preferred before the Motor Accident Claims Tribunal. Central Government has made a Scheme for payment of compensation and the same shall be administered by General Insurance Corporation.

Compensation As Per 'Structured Formula'

A new right in favour of claimants was introduced in 1994 for receiving compensation on 'no fault' basis, based on a structured formula. Based on experience, Government realized that several years are taken to establish the income of the victim, age of the victim and the pecuniary loss. Therefore, a structured formula and multipliers have been provided for different age groups and different income levels to determine compensation. A Table as Schedule - II has been provided in the Act giving different income levels starting from Rs.3,000 p.m. up to Rs.40,000 p.m and different age groups starting from 'up to 15 years' till 'above 65 years.' Compensation amounts and multipliers are given. Obviously, the maximum compensation is provided for the age group of 25 – 30 years, considering income of the person and balance

number of years of service/ income. The compensation so arrived will be reduced by 1/3rd towards expenses, which the victim would have incurred had he been alive. Notional income for non-earning persons and for spouse 1/3rd of income of earning surviving spouse are also specified in the said Schedule. The minimum amount of compensation shall not be less than Rs.50,000.

The Central Government revises the amount payable under the said Schedule from time to time, after considering the cost of living.

As such, the Tribunal can decide the compensation on the basis of this formula instantly and expeditiously, because loss suffered by the victim/victim's family requires immediate relief and any delay in grant of compensation will make their lives miserable. Moreover, this also brings some consistency in Awards.

This scheme is an alternative to determination of compensation under Section 166 of the Act given in the next paragraph.

COMPENSATION

A person not choosing to claim compensation as per the structured formula on no fault basis can make an Application for compensation under Section 166, claiming negligence or fault on the part of the vehicle owner/driver. Here, the claimant will have to establish the fault or negligence on the part of the vehicle owner/driver and the Tribunal will also determine whether there was any contributory negligence on the part of the claimant/victim. In case of such contributory negligence, the claim amount would be proportionately reduced. Compensation awarded under this section could be much higher than under the structured formula. However, if the Tribunal comes to the conclusion that no case has been made out for awarding compensation under Section 166 on the basis of fault, it cannot award compensation under Section 163A, since the claims under two sections are in the nature of alternative remedies and the two cannot be claimed simultaneously or in succession.

Motor Accidents Claims Tribunal (MACT)

The Act provides for establishment of a MACT in each District to deal with matters relating to compensation of motor accident claims by the victim or by their next of kin. The Tribunal deals with claims relating to loss of life/property and injury cases resulting from motor accidents. MACTs are presided over by Judicial Officers from the State Higher Judicial Service and are under direct supervision of the Hon'ble High Court of the respective State. The Tribunal has all the powers of the Civil Court and no Civil Court has jurisdiction to entertain

any claim in respect of accidents where the Tribunal has been constituted.

The Act empowers State Governments to constitute one or more Tribunals for adjudicating claims for compensation in respect of accidents. Claim for compensation includes claims under Sections 140, 163A and 166 as stated above. An Application for compensation can be made by the person who has sustained injury, owner of the property, legal heirs of the deceased victim, or by any authorized person. An Application can be filed before the Tribunal having jurisdiction over the area of accident or where the victim resides.

APPEAL

Any person aggrieved by an Award of the Claims Tribunal may file an Appeal in the High Court within 90 days from the date of the Award. The person liable to pay any amount, as per the award and filing the Appeal has to deposit 50% of the amount subject to the maximum of Rs.25,000, otherwise the Appeal will not be entertained.

It is important to note the following in order to successfully claim compensation :

- Report the accident to the Police.
- Make note of the vehicle registration number, insurance company etc.
- Photograph of the scene, if possible.
- Get medical treatment
- Report the accident to your insurance company.
- Keep receipts of out-of pocket expenses, medical bills, travel expenses etc.

Mr. S. K. Agrawal, GM(Legal) with
Mr. S. Venugopal, Sr. Mgr.Legal, Kochi

Legal Awards

For the Corporate Counsel Leadership Awards organized by IDEX Legal, BPCL's Legal Team were declared Runners-up in two categories:

- 1) General Counsel of the year - Male: Mr. S K Agrawal
- 2) Best Legal Department: BPCL

The main factors considered were variety of matters, complexities of cases, business focus, initiatives taken, knowledge sharing and team building. The Legal Counsel Congress organized by IDEX Legal is a platform for eminent Legal Counsels across India. The event and competition draws General Counsels from major Companies and Legal luminaries from reputed law firms.

Companies such as Reliance Capital, Sterlite, Max India, Thomson Reuters, Cognizant Technology, Citi Group, Ambuja Cement, Essar Group, Godrej Industries, Adani, CRISIL, Air India, Cipla, Sandoz etc. participated. AMSS, Luthara & Luthara and Trilegal were leading Law firms amongst many who joined the Event.

This is My Country

The canorous lands, an unending canopy of beauty.

The rich blue sky, amorously embraces you

An expanse of gold, which one cannot withhold.

My country is God's home, where everyday is new.

The natural serene atmosphere, with apathy of no sorts

Where the cuckoo sings to glory, songs of valour and love

The smell of the golden sand, with the advent of the rains.

We have heaven on earth, and the pleasure of Gods above!

When the cool breeze combs through the unending fields of wheat

Colourful scarves kiss the air, where the land and the sky do meet

Beautiful ladies around, throng the wells with earthen pots,

As beautiful as the Alps, more disciplined than the Scots!

Come listen to the old man there, the way he plays his flute

Come alleviate your forlorn desires, just give your heart a salute

At every nook and corner, a love story you will find,

Come experience the Land of Dreams,

only love you will leave behind..

Can you see that cute little baby, as he comely nods his head?

Atop his father's shoulders, watching the village fair.

See the royal spectacle and food,

A magic show here, and a folk dance there!

Have a look at these children, as innocent as new dolls,

As the lovely caring grandma tells them fairy tales

Feed your deepening wanderlust, as much as your heart can take,

This is Incredible India folks, hospitality never fails!

If you happen to come to India, you will be treated like God,

Right from the foggy mornings, till the mythical Land of Nod

No matter from where you come, no matter whatever you do,

My motherland will embrace you tight, without the slightest ado

Now as the setting sun royally graces the sky,

The nests show us the heights, the birds teach us how to fly.

All that I have said above, is what my country is like

You have a girlfriend, or a wife ?

Come and experience the Pedagogy of Life!

- Sabyasachi Patra,
son of Dr. D.C. Patra,
DGM Strategy (LPG), HQ

Academic Excellence

Ms. Ankita Bakre, Manager - Urban Retailing RHQ, was recently awarded a PhD Degree in Management at a glittering Convocation Ceremony held at NMIMS University, Mumbai. The Convocation was presided over by Mr. Vinod Rai, former CAG of India, Dr. Rajan Saxena, Vice Chancellor, Dr. M.N. Welling, Pro-Vice Chancellor and Dr. Debasis Sanyal, Dean, School of Business Management, NMIMS University, apart from the distinguished faculty and guests.

Ms. Bakre's research was based on Brand Experience and its implications on Brand Equity. Her work was widely appreciated by the reviewers from leading institutions such as IIM, Ahmedabad; IIM, Bangalore; XLRI, Jamshedpur; TISS, Mumbai and Indian Institute of Science, Bangalore and senior Professors from American Universities. Prof. Kevin Keller, E.B. Osborn Professor of Marketing, Amos Tuck School of Business, Dartmouth, USA and also a renowned Marketing Guru, commended Ms. Bakre for being the first one to research and empirically test the conceptual Customer Based Brand Equity framework. Management thinker, Mr. Gurcharan Das complimented her on the contextual and relevant research work for both, academia and industry. Kudos to Dr. Ankita Bakre for being an achiever par excellence !



Mr. Tushar Soubhari, son of Mr. V.K. Soubhari, Dy.Manager Operations, Mangalore Coastal Installation, bagged the prestigious Rev. Fr. N. Casimir Raj Prize, of Loyola College, Chennai, for his outstanding performance -First Rank in M.Com. for the academic year 2011-13.



Ms. A.S.Vidya, daughter of Mr. A.D. Selvakumar, Process Operator, Chennai LPG Plant, Gummidipoondi stood second in the 12th Std. (State Board) Public exam scoring 98.5%. She has joined 1st year MBBS at Karpaga Vinayaga Institute of Medial Science & Research, Kancheepuram District, Tamil Nadu. BPCL recognized her distinction by awarding a Stethoscope to her. Mr. G.P. Kamath, TM (LPG)Chennai, presented her with this award. She had also achieved the first position in School in the 10th Std. CBSE Public exam. She also completed Arangetram in Bharatha Natyam, besides adding more feathers in her cap by winning Rangoli competitions held in school and college.

The research work of **Mr. Mohan Yadav**, Executive Aviation, Bhopal AFS in the field of Metallurgy and Materials Science, in the area of Polymer Matrix Micro & Nano composites based on Poly Tetra Fluoro Ethylene (PTFE), has been recognized by renowned International Journals. Based on his M.Tech research work, papers have been published online in :



- Journal of Tribology (American Society of Mechanical Engineers, ASME) on Wear and Friction Behavior of Nano Composites for Tribology Application
- Journal of Applied Polymer Science on the Study on Wear and Friction Behavior of Graphite Flake-Filled PTFE Composites

President's Fire Service Medal

On Republic Day, Mr. Arun Kumar Das, Chief Manager (Fire & Safety), Kochi Refinery, was awarded the President's Fire Service Medal for meritorious service. A fire engineer from National Fire Service College, Nagpur, he had also received the Best Safety Officer Award in 2009-10 from the Department of Factories & Boilers, Govt. of Kerala and National Safety Council, Kerala Chapter.

Mr. A.K. Das receives the intimation order of the President's Fire Service Award from Mr. B.K. Datta, Director (Refineries), Mr. C.K. Soman, GM (Operations), Mr. K.D. Damien Gracious, DGM (Fire & Safety) and Mr. Prasad K. Panicker, ED (Kochi Refinery) look on.



Bassi Basks in Glory



Lt.Col. Sudhakar Bassi, on deputation as Manager Operations, BORL has been promoted to the rank of Lieutenant Colonel in the Territorial Army effective 16.1.2013. The Army Gazette Notification to this effect took place on 3.8.2013 and a felicitation function was held at Kamptee, Nagpur (MS) on 23.12.2013, when the rank of Lieutenant Colonel was conferred on him by the Commanding Officer 414 ASC Bn. He says, "It is indeed a proud moment for me. I undertake to enhance

BPCL's image to the pinnacle."

Farewell

Ms. Manju Khanna

Having joined BPCL in March 1984 as a Steno Clerk in Delhi Division, Manju was later promoted as a Secretary in 1991 and was posted in Coordination Department. Her husband retired 3 years back from Delhi Administration. They have two married daughters – the elder one is a home maker living abroad. The younger one is an Investment Banker and lives in Mumbai. As she avers, "In a nutshell, my journey at BPCL has been a nice and pleasant one. Throughout my time here, I was blessed to have fantastic bosses. Whenever any help or guidance was required by me, someone was always there to take care of it. Here, people are very generous and cooperative. Really BPCL is a great place to work. I carry fond memories of Bharat Petroleum and will cherish them for the rest of my life."



The Role of a Woman

*As an innocent toddler,
From her mother she hides;
As a doting daughter,
She's her father's joy and pride.*

*As a watchful sister,
Her brother she chides;
As a fun loving friend,
Our secrets she hides.*

*As a devoted wife,
She's her husband's greatest gain;
As a selfless mother,
She eases her child's pain.*

*As an affectionate granny,
She enthalls us with her tales;
As an agony aunt,
She comforts our wails.*

*Oh Woman !
So pure, so beautiful, so chaste,
You change the world with your
kindhearted ways;
Although the roles that you play are countless,
The love in your heart is boundless !!*

- Andrea Sequeira,
daughter of Betty Sequeira, LPG HR

AGM of BPRMSA in Delhi



From left are Mr. N.K. Mahajan, Treasurer, Mr. A.S. Bhatia, Secretary, Mr. Mukesh Rohatagi, President, Mr. S.K. Mathur, Vice President and Mr. H.R. Kapur, Joint Secretary.



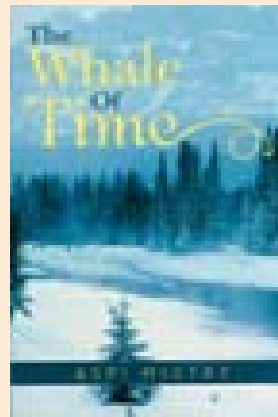
The AGM of the BPCL Retired Management Staff Association Delhi was held recently in the Auditorium of City Hospital, Saket Delhi. As on 1st January, 2014, 42 members have crossed the milestone of 80 years; however, mementoes were distributed to the ten seniormost members – M/s. J.S. Bir, V. Dhavan, H.R. Kapur and J.C. Malhotra. The other recipients were M/s. B. Sitaram, P.C. Pande, R. Dayal, S.B. Budhiraja, B.L. Ghabru and P.N. Deolia.

Good Reads !



Mr. Ram Ramakrishnan (Retd.) BPCL, is a widely travelled leader with a desire to make a positive difference to mankind. After a glorious 40 year career in India, Ram and his wife Savitri, married for 61 years, now live in New Jersey, learning, sharing and caring for those around them. He's authored this book, which describes the

power of all types of love - how to live in love, and how each and every aspect of human life is shaped by love. Love is the catalyst for a successful career, a happy marriage, a loving family, and a healthy, joyous life. Understanding love can increase our ability to connect, inspire and be inspired. The second part of the book deals with the eternal fear of death faced by all human beings, the views of various religions on death, and how death may be the greatest of all human blessings. It should make interesting reading.



Mr. Aspi Mistry, (Retd.) Manager, Operation Services, Mumbai Refinery had joined the Refinery in July 1955. After years of productive involvement with refinery related technical matters, he's embarked on writing fiction. His maiden effort is a book of short stories, entitled 'The Whale of Time.' The main story is about parents' abiding love for their children in this world and thereafter.

The book's website is : <http://www.whaleotime.com>

Do read the stories and write reviews. It will be worth your while !

Obituary



Mr. C.S. Vijayan, Member LPG Distribution Selection Board, Tamil Nadu expired on 25.1.2014. Aged 56, he had served the Corporation for about 33 years. He is survived by his wife and two daughters.



Mr. S.J. Barretto, Craftsman, working in Maintenance Dept. Mumbai Refinery expired on 12.2.2014 at the age of 51 years. He joined the Corporation on 21.1.1986. He is survived by his wife and two daughters.

The Joy of Turning Eighty: A Gift of a Long Life



One night I dreamed about mercury - shining globules of quicksilver rising and falling. Mercury is element number 80, and my dream was a reminder that I had reached 80 ! Elements and birthdays have been intertwined for me, since my boyhood, when I learned about atomic numbers. At 11, I could say, I am sodium (element 11) and at 79, I am gold. I got a bottle of mercury for my 80th birthday - a

special bottle that could neither leak nor break - and I sent my friend a charming letter in which I joked, I will take a little every morning, for my health! Luckily, I do not have the complication of alcoholism, as some have.

Eighty ! I can hardly believe it. I often feel that life is about to begin, only to realise it is almost over. I was the middle one of three sons. I was always the youngest boy in my class at high school and I have retained this feeling of being the youngest, even though, I am now almost the 'oldest' person I know.

I thought I would die at 34, when I met with a very serious accident while driving my car in the torrential rain. To avoid an elderly person, I applied the brakes, but the car skidded and dashed a culvert. The car went out of shape and I was pulled out of the side driver's window and no one believed that I was alive ! I splinted my leg and hand as best as I could and started to lever myself down the culvert, clumsily, with my one arm and one leg intact. In the long hours that followed, I was assailed by memories, both good and bad. Most were in a mode of gratitude for what I had been given by others, gratitude too, that I had been able to give something back. At eighty, with a scattering of medical and surgical problems - none disabling, I feel very glad to be alive ! Sometimes, it bursts out of me when the weather is perfect.

I am grateful that I have experienced many things - some wonderful, some horrible - and that I have been able to send write-ups, jokes etc. through Petro Plus and received innumerable letters and emails from friends, colleagues, well-wishers and relatives. I speak a few languages, apart from my mother tongue Tamil, and I have also travelled far and wide and experienced other cultures as widely as I could, throughout the world and more in my motherland - India, nay Bharat !

In short, I have had a full life, and now, I am ready to go. For me, this means going to heaven (where we all shall

meet). I would love to remain in the memories of my relatives, friends and well wishers and hope, that they speak highly of me, even after my departure from this world !

Also at eighty, the spectre of dementia or stroke looms large. More than half of one's contemporaries are dead, and many more with profound mental or physical damage are trapped in a tragic and minimal existence ! At my age - DOB 20.12.1932 - the marks of decay are all too visible. One's reactions are a little slower, names more frequently elude one, and energies must be husbanded, but even so, one may often feel full of energy and not at all old. I liked to dress well during my Confidential Steno days and everyone (including the lady secretaries) would love to have a second look at me with my Gabardine pants, Liberty shirt, Tootal tie and Ambassador shoes (dark tan). Thanks to BS for footing the bill for all these for me in those days ! Perhaps with luck, I will make it more or less intact for a few more years and continue to love and work, the two most important things in my life. When my turn comes, I hope I can die in harness.

My father, a village school master who lived to 90, often said that the '80s had been one of the most enjoyable decades of his life. He felt, as I begin to feel, not a shrinking, but an enlargement of mental life and perspective. One has had a long experience of life, not only one's own life, but also of many others too. One has seen triumphs and tragedies, booms and busts, revolutions and wars, great achievements and deep ambiguities. One has seen grand theories rise, only to be toppled by stubborn facts. One is more conscious of transience and perhaps of beauty. At eighty, one has a vivid, lived sense of history, which is not possible at an earlier age. I can feel in my bones, what a century (not out !) is like. I do not think of old age, as a grimmer tune that one must somehow endure, but as a time of leisure, freed from the factitious urgencies of earlier days, free to explore whatever I wish, and to bind the thoughts and feelings of a lifetime together.

I am enjoying being 80 + ! By the way, I carry my father's disease, as I carry his middle name. Written on paper, not stone, it can't be effaced by God. I am keeping my fingers crossed for the present and praying to God, day and night, that better things should be in store for me. All due to the good fortune of my beloved wife - Mangalya Baghyam - that I am today what I am. Through sunshine and storm, I have done my best for my children, relatives, friends and well wishers, till this day, and will continue to do so till the last day of my existence in this world. The older we grow, the more we tend to become forgetful of what we were like as children, as teens, as young adults and so on.... As a parent of two children, with very different personalities, I sometimes find myself stumped by people's responses! Something I too may have done in the earlier years of my life ?

- Rajagopal Subramanian (Retd.)
Manager, Madras Division

Cricket in Eastern Region



The Winners : Achievers



The Runners - up : Warriors

An inter SBU/ Entity cricket tournament was organized by Eastern Region at Southern Avenue ground, wherein three matches were played amongst the following teams :

1. Achievers – HRS, SS Finance, Legal & Vigilance
2. Royals - Retail
3. Warriors – Lubes, Aviation & Audit
4. Challengers – LPG, E&P, IIS, I&C

The exciting finals were played between Warriors and Achievers, with the players rolling, jumping and running to win the match. The tournament was won by Achievers by 8 wickets. The prizes were given away by Mr. Siddhartha Banerjee, GM (Retail), East, Mr. Sanjeeb Paul, Regional Lubes Manager, East and Mr. P.K. Ramanathan, Regional LPG Manager, East. While the Man of the Match was Pradip Raha, the Player of the Tournament was Bipul Thakurta, Best Bowler: Amit Bhadra, Best Batsman: Sudipto Mukherjee and Best Fielder: Rajat Basu. Everyone greatly appreciated the cricket tournament and the energy and enthusiasm with which the staff participated wholeheartedly.

Marathon Man

Prakash Ghorpade, State Coordinator, Gujarat, for the third time, participated in the half marathon event of the Standard Chartered Mumbai Marathon. For the 2014 edition, he encountered a few hurdles, like jaundice, a new assignment at Ahmedabad, the demise of his father and continuous leg pain in Nov/Dec '13. But his spirit of 'Energizing Lives' finally won the day !



Friendship Cup

Eastern Region ended the cricket season with a bang. The Friendship Cup between BPCL and Kolkata Police was revived and the high voltage cricket match was attended by the high and mighty of the administrative services of Kolkata and by all ER SBU heads. The cricket match was held at the Police Grounds right next to Eden Gardens on 9th March 2014. The captains of the two teams viz. Commissioner of Police, Kolkata and GM (Retail) East led from the front and guided their teams to a nail-biting finish.

This provided a wonderful opportunity for BPCL officers to interact and network with the IPS officers and the people who matter in the Police Department and the administrative services. Recently, BPCL has been able to break the IOC monopoly in supplying HSD to Kolkata

Police vehicles. KP is now a platinum customer of BPCL and uplifts fuel worth Rs. 2 crore a month. This cricket match provided us with a good window to seal our relationship with this valued customer. The match went to the last ball and finally ended in a tie and in the apt words of the Police Commissioner, the only clear winner was Cricket and Camaraderie.



1. Never click on a link you did not expect to receive

The golden rule. The main way criminals infect PCs with malware is by luring users to click on a link or open an attachment. Social media has helped criminals profile individuals, allowing them to be much more easily targeted. They can see what you're interested in and send you crafted messages, inviting you to click on something. Don't.

2. Use different passwords on different sites

With individuals typically having anything up to 100 online accounts, the tendency has become to share one or two passwords across accounts or use very simple ones, such as loved ones' names, birthdays, pets or favourite sports teams. Any word found in the dictionary is easily crackable.

3. Never reuse your main email password

A hacker who has cracked your main email password has the keys to your [virtual] kingdom. Passwords from the other sites you visit can be reset via your main email account. A criminal can trawl through your emails and find a treasure trove of personal data: from banking to passport details, including your date of birth, all of which enables ID fraud.

4. Use anti-virus software

In 2010 there were 49m new strains of malware, meaning that anti-virus software manufacturers are engaged in a constant game of "catch-up." The initial detection rate of a new virus is only 5%. It takes the software designers a while to catch up with the hackers. Use a robust anti-virus package.

5. If in doubt, block

Just say no to social media invitations (such as Facebook-friend or LinkedIn connection requests) from people you don't know.

6. Think before you tweet and how you share information

Again, the principal risk is ID fraud.

7. If you have a "wipe your phone" feature — use it

Features such as Find My iPhone, Android Lost or BlackBerry Protect allow you to remotely erase all your personal data, should your device be lost or stolen.

8. Only shop online on secure sites

Before entering your card details, always ensure that the locked padlock or unbroken key symbol is showing in your browser.

9. Don't assume banks will pay you back

Banks must refund a customer if he or she has been the victim of fraud, unless they can prove that the customer has acted "fraudulently" or been "grossly negligent."

10. Ignore pop-ups

Pop-ups can contain malicious software which can trick a user into verifying something. Always ignore pop-ups offering things like site surveys on e-commerce sites, as they are sometimes where the malware is.

11. Be wary of public wifi

Most wifi hotspots do not encrypt information and once a piece of data leaves your device headed for a web destination, it is "in the clear" as it transfers through the air on the wireless network.

12. Run more than one email account

Thinking about having one for your bank and other financial

accounts, another for shopping and one for social networks. If one account is hacked, you won't find everything compromised.

13. Macs are as vulnerable as PCs

Macs used to be less of a target, but this is changing.

14. Don't store your card details on websites

Err on the side of caution when asked if you want to store your credit card details for future use.

15. Add a DNS service to protect other devices

A DNS or domain name system service converts a web address (a series of letters) into a machine-readable IP address (a series of numbers). You're probably using your ISP's DNS service by default, but you can opt to subscribe to a service such as OpenDNS or Norton ConnectSafe, which redirects you if you attempt to access a malicious site.

16. Enable two-step verification

If your email or cloud service offers it – Gmail, Dropbox, Apple and Facebook do – take the trouble to set this up. In addition to entering your password, you are also asked to enter a verification code sent via SMS to your phone.

17. Lock your phone and tablet devices

Keep it locked, just as you would your front door. Keying in a password or code 40-plus times a day might seem like a hassle but, it's your first line of defence. Next-generation devices, however, are set to employ fingerprint scanning technology as additional security.

18. Be careful on auction sites

On these sites in particular, exercise vigilance. Check the seller feedback and if a deal looks too good then it may well be. Keep your online payment accounts secure by regularly changing your passwords, checking the bank account to which it is linked and consider having a separate bank account or credit card for use on them, to limit any potential fraud still further.

19. Lock down your Facebook account

Facebook regularly updates its timeline and privacy settings, so it is wise to monitor your profile. Firstly, in the privacy settings menu, under "who can see my stuff?" change this to "friends". Also in privacy, setting "limit old posts" applies friends-only sharing to past as well as future posts. Disable the ability of other search engines to link to your timeline. Review the activity log, which shows your entire history of posts and allows you to check who can see them. Also, remove your home address, phone number, date of birth and other information that could be used to fake your identity. Similarly you might want to delete or edit your "likes" and "groups" — the more hackers know about you, the more convincing a phishing email they can spam you with. Facebook apps often share your data, so delete any you don't use or don't remember installing. Finally, use the "view as" tool to check what the public or even a particular individual can see on your profile, continue to "edit" and adjust to taste.

20. Remember you're human after all

While much of the above prevents you being hacked, hacking done well is really the skill of tricking humans, not computers, by preying on their gullibility. Human error is still the most likely reason why you'll get hacked.

Source : Irish Examiner Ltd.

Alzheimer's strikes fear in all of us. The thought of losing your mind as you grow older is terrifying! However, research has found many factors that raise or diminish the risk of Alzheimer's disease, the most common form of dementia. Here's how you can slash your chances of developing the disease.

1. Check out your ankle

Low blood flow in your foot is a clue to trouble in your brain and a simple ankle-brachial index (ABI) test can reveal its cognitive state.

2. Antioxidant-rich foods

Certain foods infuse your brain with antioxidants, that can slow memory decline. All fruit and vegetables are good but top of the list are black raspberries, elderberries, raisins and blueberries.

3. Beware of bad fats

Stay away from saturated fats which strangle brain cells causing them to become inefficient.

4. Develop a bigger brain

Increase the size of your brain through studying, learning new things or broadening your circle of friends for stimulation.

5. Chocolate Treat

Cocoa, the main ingredient in chocolate, has sky-high concentrations of antioxidants called flavanols, which possess strong heart and brain-protecting properties.

6. The oestrogen evidence

68% of Alzheimer's patients are women, possibly as midway through life, they lose the protection of the hormone estrogen which boosts memory.

7. Raise good cholesterol

High good-type HDL blood cholesterol protects you from heart disease and can also save your brain. Exercise, drink moderate amounts of alcohol and lose weight.

8. Google something

Doing an internet search can stimulate ageing brains even more than reading a book. Go online to search for information, things to buy or games to play.



9. The ApoE4 gene

A specific genetic time bomb viz. apolipoprotein E4 makes you more susceptible to developing late-onset Alzheimer's.

10. Say yes to coffee

Coffee is anti-inflammatory, high in antioxidants and caffeine and helps block the ill effects of cholesterol in the brain and cuts the risks of stroke, depression, high blood pressure and diabetes, all promoters of dementia.

11. Dangers of underweight

Unexplained weight loss after age 60 may be a sign of Alzheimer's.

12. Drink wine

A daily glass of wine may help delay dementia. Alcohol is an anti-inflammatory and raises good cholesterol which helps ward off dementia. High antioxidants in red wine act as artery relaxants, dilating blood vessels and increasing blood flow which encourages cognitive functioning.

13. Know the early signs

Memory problems are not the first clue. You may notice a decline in depth perception, for example you reach to pick up a glass of water and miss it. Or you misjudge the distance in walking across a street. Doing a jigsaw puzzle or reading a map may also be confusing. Losing your sense of smell can also be an early clue, as well as asking the same question repeatedly or misplacing belongings in odd places (like putting keys in the fridge). The earlier the signs are spotted, the more successful lifestyle changes and medications are likely to be.

14. Mediterranean diet

The Mediterranean diet can help save your brain from memory deterioration and dementia. Following this diet – rich in green leafy vegetables, fish, fruits, nuts, legumes, olive oil and a little vino – can cut your chances of Alzheimer's by nearly half. It is a rich menu of many complex brain benefactors, including an array of antioxidants, which shield brain cells from oxidative damage.



15. Middle Age Obesity

Your brain cares if you are fat. A study showed obese people had 8% less brain tissue and overweight people had 4% less brain tissue than normal weight people, which hugely increases the risk of Alzheimer's. Moreover, brain shrinkage occurred in areas of the brain targeted by Alzheimer's, which are critical for planning, long term memory, attention and executive functions, and control of movement.

16. Get a good night's sleep

A lack of sleep is toxic to brain cells. Sleep has surprising powers to protect your brain against memory loss and Alzheimer's. It is a wonder drug that helps manipulate levels of the dreaded brain toxin peptide beta-amyloid, a prime instigator of Alzheimer's, which puts you at accelerated risk. Take naps and seek treatment for sleep disorders.



17. Have a big social circle

Interacting with friends and family makes the brain more efficient. It finds alternative routes of communication to bypass broken connections left by Alzheimer's. Expand your social network. The stronger the brain reserve you build through life, the more likely you are to stave off Alzheimer's symptoms.



18. Deal with stress

When you are under stress, your body pours out hormones called corticosteroids, which can save you in a crisis. But persistent stress reactions triggered by everyday events like work frustration, traffic and financial worries can be dangerous. Over time, it can destroy brain cells and suppress the growth of new ones, actually shrinking your brain. Sudden traumatic events, like the death of a loved one or a life-changing event like retirement, can leave a hangover of severe psychological stress that precedes dementia. Be aware that chronic stress can increase older people's vulnerability to memory decline and dementia. Seek professional advice. Antidepressants, counselling, relaxation techniques and other forms of therapy may head off stress-related memory loss if treated early.

19. Take care of your teeth



Bad gums may poison your brain. Infection responsible for gum disease gives off inflammatory byproducts that travel to areas of the brain involved in memory loss. Consequently, brushing, flossing and preventing gum disease may help keep your gums and teeth healthy but also your memory sharper.

20. Get enough Vitamin B12

As you age, blood levels of vitamin B12 go down and the chance of Alzheimer's goes up. Your ability to absorb it from foods diminishes in middle age, setting the stage for brain degeneration years later. A brain running low on B12 actually shrinks and a shortage can lead to brain atrophy by ripping away myelin, a fatty protective sheath around neurons. It can also trigger inflammation, another destroyer of brain cells.

21. Vinegar in everything

Vinegar sinks risk factors that may lead to memory decline, namely high blood sugar, insulin resistance, diabetes and pre-diabetes and weight gain. The acidic stuff packs potent glucose-lowering effects.

22. Have your eyes checked

If you preserve good or excellent vision as you age, your chances of developing dementia drop by an astonishing 63%. Impaired vision makes it difficult to participate in mental and physical activities such as reading and exercising, as well as social activities, all believed to delay cognitive decline.

23. Eat curry



Curry powder contains the yellow-orange spice turmeric, packed with curcumin, a component

reported to stall memory decline. Curcumin works by blocking the build-up of Alzheimer's-inducing amyloid plaques (deposits found in the brains of sufferers), then nibbles away at existing plaques to slow cognitive decline.

24. Diabetes control

Having type 2 diabetes makes you more vulnerable to Alzheimer's. The two disorders have similar causes – obesity, high blood pressure, high cholesterol, high fat and high sugar diets, low physical activity as well as high blood sugar. Diabetes can deliver a double whammy to the brain, destroying neurons and increasing inflammation. Do everything possible to keep blood sugar levels low and stick to a low-saturated fat diet and regular exercise.

25. Drink more tea

Tea stalls the cognitive loss that precedes Alzheimer's - the more tea you drink, the sharper your ageing memory is. Tea leaves are packed

with compounds able to penetrate the blood-brain barrier and block neuronal damage. One particular green tea antioxidant can block the toxicity of beta-amyloid, which kills brain cells. Make a point of drinking black and green tea. Don't add milk, it can reduce tea's antioxidant activity by 25%.

Ode to Walking

Live life to the hilt
When you do not walk you are
consumed by guilt
The civic authorities
treat us like silt
In winter take a quilt
But walk you must
You become earthy
when you walk
And with chirping birds you talk
The setting sun is aglow
And life is just a flow
Walking is the distance between
being and becoming
Else, face the
obesity unbecoming
Wistful, alluring loving kinesthesia
It is poetry in motion
Sway to the body's tunes
Stay away from fat
depositing goons
A daily walk is a boon,
ou baboon.
Sashay to Spalding's croon
Or listening to Pandit Jasraj,
go over the moon.
In the endless game
of money making
I have lost on walking.

-Venkatesh Prasad N Iyer,
Manager LPG Finance - HQ

अध्यक्ष एवं प्रबंध निदेशक का बजबज संस्थापन का दौरा



20 मार्च 2014 का दिन बजबज वालों के लिए एक महत्वपूर्ण दिन था, जब माननीय अध्यक्ष एवं प्रबंध निदेशक, श्री एस.वरदराजन ने हमारे इस एक शताब्दी पुराने बजबज संस्थापन का दौरा किया। श्री सिद्धार्थ बनर्जी, महाप्रबंधक (आर) पूर्व ने अपने स्वागत भाषण में बजबज इन्स्टलेशन के बारे में बताया। अध्यक्ष एवं प्रबंध निदेशक ने अपने प्रेरणादायी भाषण में निगम के भविष्य की विस्तार योजना, निवेश योजना के बारे में बताया। बजबज इन्स्टलेशन के अधिकारियों एवं कर्मचारियों के लिए यह एक यादगार बन गया जब उन्होंने अध्यक्ष एवं प्रबंध निदेशक के साथ प्रत्यक्ष रूप से बातचीत की। अध्यक्ष एवं प्रबंध निदेशक ने आगंतुक किताब में लिखा, कि यह बजबज इन्स्टलेशन की उनकी यादगार यात्रा थी। टीम की ऊर्जा एवं अपनाए जाने वाले सुरक्षा मानक, प्रभावशाली हैं। उन्होंने पूरी टीम को शुभकामनाएं दीं।

उल्लेखनीय यात्रा



श्री संजय सैन, संयुक्त सीसीई, पीईएसओ पश्चिम वृत्त, नवी मुंबई ने 21 फरवरी 2014 को जेएनपीटी जेट्टी एवं उरण एलपीजी संयंत्र का दौरा किया। वे जेट्टी के संचालन, उसके रखरखाव की गतिविधियों एवं विभिन्न उत्पादों को जेट्टी पर कैसे संभाला जाता है, के साथ साथ जहाज पर, एवं तट पर उपलब्ध अग्निशमन व्यवस्था के बारे में जानने के बहुत उत्सुक थे। उरण संयंत्र में एक प्रस्तुति के माध्यम से संयंत्र की गतिविधियों से अवगत कराया गया। साथ ही रसोई गैस आयात की सुविधाओं का भी निरीक्षण किया गया। उन्होंने संयंत्र के रखरखाव के लिए अपनाए जानेवाली प्रक्रिया/उपाय एवं अग्नि शमन प्रणाली आदि की सराहना की।

वरिष्ठ नागरिकों का जीवन ऊर्जामय बनाना

अल्बर्ट आइंस्टाइन ने कहा, 'ज्ञान का एक मात्र स्रोत ज्ञान है'। वरिष्ठ नागरिकों के पास अनुभव का खज़ाना होता है। लेकिन दुर्भाग्यवश वे समाज के अत्यंत उपेक्षित नागरिक हैं। जिन्होंने हमें चलना सिखाया, हमें दुनिया से परिचित कराया, उन्हें बुढ़ापे में बच्चों का सहारा चाहिए, परन्तु हम उन्हें समय नहीं दे पाते। इन वरिष्ठ नागरिकों के जीवन में खुशियों के क्षण लाने के उद्देश्य से **मुंबई रिफाइनरी सीएसआर टीम** ने 25 मार्च, 2014 को 'मनःशक्ति केंद्र, लोनावला' में एक दिवसीय शिविर आयोजित किया, जिसमें 51 वरिष्ठ नागरिक



उत्साहपूर्वक शामिल हुए। पूरी यात्रा के दौरान उन्होंने परम्परागत कोली गीत गाये। सुश्री बीना खानोलकर, प्रबंधक (हिन्दी), श्री सुबोध देसाई, उप प्रबंधक (परिवहन), श्री मकरंद आकेकरकर, अधिकारी (पीआर) ने शिविर का समन्वयन किया। चिकित्सीय आपात स्थिति से निपटने के लिए रिफाइनरी मेडिकल सेंटर की डॉ. वंदना शिंदे भी उपस्थित थीं। सभी वरिष्ठ नागरिकों ने मुंबई रिफाइनरी की इस पहल की अत्यंत सराहना की।

बुद्धिमान व्यक्ति कभी भी अपने वर्तमान दुःखों के लिए रोया नहीं करते, अपितु वर्तमान में उच्च दुःखों के कारणों को ढूँढा करते हैं।

बीपीसीएल कोच्चि रिफाइनरी राजभाषा समन्वयक बैठक



बीपीसीएल कोच्चि रिफाइनरी की दिनांक 20 मार्च 2014 को कोच्चि में 'राजभाषा समन्वयक बैठक' आयोजित की गई। श्री एस विजयकुमार, महाप्रबंधक (मानव संसाधन) ने बैठक का परंपरागत रूप से दीप प्रज्वलित कर उद्घाटन किया। अपने उद्घाटन भाषण में उन्होंने कहा कि भारत के संविधान ने हम सबके ऊपर अपने कार्यालयों से राजभाषा नियमों के अनुपालन का दायित्व डाला है। श्री श्रीकांत देसाई, उप महाप्रबंधक (प्रशासन) कॉर्पोरेट कार्यालय ने बेहतर राजभाषा कार्यान्वयन की तरफ नवीन कदम उठाने के लिए कोच्चि रिफाइनरी को हार्दिक बधाई दी। डॉ. राधिकादेवी डी, सहायक निदेशक (हिन्दी शिक्षण योजना), राजभाषा विभाग ने संघ की राजभाषा नीति और राजभाषा समन्वयकों के कर्तव्य एवं भूमिका पर सत्र चलाए एवं श्रीमती सुषमा जाधव, वरिष्ठ प्रबंधक (हिन्दी) निगमित ने 'संसदीय राजभाषा समिति की सिफारिशों और वर्ष 2014-15 के लिए कार्रवाई योजना' पर सत्र चलाया। श्रीमती गिरिजा वी आर, उप प्रबंधक (राजभाषा) द्वारा कृतज्ञता ज्ञापन के साथ बैठक समाप्त हुई।

उत्तरी क्षेत्र एलपीजी द्वारा संपोषणीय विकास



वर्षा जल संरक्षण के लिए अजमेर एलपीजी संयंत्र में वर्षा जल संचय प्रणाली शुरू की गई, जिसका उद्घाटन 7 मार्च 2014 को श्री डी.एन. माथुर, आरएलएम (एलपीजी) उत्तर क्षेत्र ने किया। इस अवसर पर टीएम अजमेर, श्री बी.पी. सक्सेना, और टीसी अजमेर श्री पी.के. शुक्ला भी उपस्थित थे। इस प्रणाली में एक्विफाइन रिचार्ज करके वॉटर टेबल की ऊंचाई बढ़ायी जायेगी और जल की आंशिक आवश्यकता पूर्ण करने के लिए जल संचय किया जाएगा।

अकोलनेर में सीएसआर गतिविधियाँ

श्री छत्रपति शिवाजी विद्यालय अकोलनेर, अहमदनगर जिले के सुदूर गाँव में स्थित सरकारी सहायता प्राप्त स्कूल है। यह स्कूल अकोलनेर डिपो से 1 किमी दूरी पर है और यहाँ 5वीं से 10वीं कक्षा के 400 विद्यार्थी हैं। इस स्कूल में लड़कियों और विकलांग विद्यार्थियों के लिए शौचालय नहीं था जिससे लड़कियां स्कूल आने से कतराती थीं। यहाँ पेय जल सुविधा भी नहीं थी। टीम अकोलनेर ने सीएसआर



समिति से प्राप्त 7 लाख रुपये बजट का सदुपयोग करते हुए स्कूल में लड़कियों, लड़कों और विकलांगों के लिए शौचालय का निर्माण किया। उन्होंने आरओ प्लान्ट बिठाकर विद्यार्थियों को पेयजल मुहैया कराई। सामाजिक दायित्व निभाने का उनका यह प्रयास सराहनीय है।

आत्मविश्वास बढ़ाने का केवल यह तरीका है कि तुम वह कार्य करो, जिसे तुम करते हुए अक्सर डरते हो। ज्यों-ज्यों तुम्हें अपने स्वभाव एवं आदत के सुधार में कामयाबी मिलती जाएगी, तुम्हारा आत्मविश्वास लगातार बढ़ता चला जायेगा।

अध्यक्ष एवं प्रबंध निदेशक का शिवड़ी दौरा



दिनांक 31.03.2014 को महाराष्ट्र के नववर्ष गुड़ी पाड़वा के दिन हमारे अध्यक्ष एवं प्रबंध निदेशक, श्री एस. वरदराजन और निदेशक (विपणन) श्री के.के. गुप्ता तथा क्षेत्रीय प्रमुख रिटेल पश्चिम, श्री पी.एस. रवि ने शिवड़ी संस्थापन का दौरा किया। एलएसई, माई वॉएस तथा प्रशिक्षण हेतु प्रमाण-पत्र तथा प्रतीक चिन्ह, सी एण्ड एमडी महोदय के हाथों प्रदान किए गए। निदेशक (विपणन) ने शिवड़ी संस्थापन द्वारा हासिल की गई उपलब्धियों के बारे में बताया और विश्वास जताया कि यह संस्थापन आदर्श लोकेशन के रूप में

स्थापित होगा। श्री एस. वरदराजन ने 4 ग्रुप रिफाइनरी द्वारा 31 एमएमटी का आंकड़ा पार करने पर खुशी जताते हुए शिवड़ी संस्थापन की टीम भावना की भूरी-भूरी प्रशंसा की। उन्होंने टच स्क्रीन इंटरएक्टिव सेप्टी किओस्क का उद्घाटन भी किया जो भारत में अपनी तरह का पहला किओस्क है और मॉक फायर ड्रिल भी देखा। आगंतुक पुस्तिका में उनके उत्साहवर्धक शब्दों ने सभी के मनोबल को बढ़ाया।

सीएसआर की पहल

कम्प्यूटर शिक्षा भारत के उज्ज्वल भविष्य के लिए अत्यंत महत्वपूर्ण है, इसी बात को ध्यान में रखते हुए बीपीसीएल कम्प्यूटर शिक्षा प्रदान करने की दिशा में कार्य कर रहा है। गत 4



वर्षों से रायगड़ जिले में कम्प्यूटर के माध्यम से शिक्षा दी जा रही है। बीपीसीएल ने एनजीओ प्रथम इंफोटेक फाउंडेशन के साथ मिल कर प्रोजेक्ट CAL के माध्यम से 33 जिला परिषद स्कूलों में काम किया है। इस परियोजना से उरण में 2397 छात्र प्रत्यक्ष रूप से लाभान्वित हुये हैं। तीन साल बाद बीपीसीएल इस परियोजना से बाहर हो जायेगा, अतः कम्प्यूटर केन्द्र बने रहें एवं स्कूलों में भी कम्प्यूटर प्रोजेक्ट चलते रहें, इस बात को ध्यान में रखते हुए बीपीसीएल ने 28 जनवरी 2014 से 31 जनवरी 2014 तक कॉल (CAL) प्रोजेक्ट से जुड़े स्कूल के शिक्षकों के लिए साढ़े तीन दिन के एक प्रशिक्षण का आयोजन किया। श्री सुनिल धकाते, क्षेत्रीय समन्वयक परिचालन प्रभारी (एलपीजी) उरण ने प्रतिभागियों द्वारा पुछे गये सभी प्रश्नों का जवाब दिया और उन्हें प्रशिक्षण प्राप्त करने हेतु बधाई दी।

हिन्दी समन्वयक सम्मेलन पूर्वी क्षेत्र

दिनांक 05 एवं 06 मार्च 2014 को पूर्वी क्षेत्र के हिन्दी समन्वयकों का सम्मेलन, भगवान जगन्नाथ जी की नगरी पुरी में सम्पन्न हुआ। महाप्रबंधक (रिटेल) पूर्व तथा अध्यक्ष राजभाषा कार्यान्वयन समिति (पूर्व), श्री सिद्धार्थ बॅनर्जी ने इस सम्मेलन की अध्यक्षता की। सम्मेलन में कुल 25 सदस्य उपस्थित थे। सम्मेलन सत्र का शुभारंभ महाप्रबंधक, श्री सिद्धार्थ बॅनर्जी, श्रीमती सुषमा जाधव, श्री पी के रामनाथन, श्री राजीव रंजन मण्डल, श्री एस के द्विवेदी एवं श्री राजकुमार महतो द्वारा मंगलदीप प्रज्वलन करते हुए किया गया। प्रादेशिक प्रबंधक भुवनेश्वर (रिटेल), श्री देबाशीश नायक ने सभी आगन्तुकों का स्वागत किया। महाप्रबंधक महोदय ने सम्मेलन के दौरान पूर्वी क्षेत्र में हो रही हिन्दी प्रगति की स्थिति के बारे में उपस्थित सदस्यों को अवगत कराया और कार्यालयों में हिन्दी प्रयोग और प्रगति को बढ़ाने के लिए दस-सूत्रीय सुझावों की एक परिकल्पना का भी सूत्र-पात किया। श्रीमती सुषमा जाधव जी ने, उप महाप्रबंधक (प्रशासन) सीओ, श्री श्रीकांत देसाई जी के 'संदेश' से सभी को अवगत कराया तथा उन्होंने सत्र संचालन करते हुए संसदीय समिति की सिफारिशों तथा हिन्दी समन्वयकों के दायित्व के बारे में जानकारी प्रदान की। श्री रामनाथन जी ने काम काज में हिन्दी के प्रयोग पर प्रकाश डालते हुए बेझिझक हो कर हिन्दी के प्रयोग करने की सलाह दी। श्री द्विवेदी जी ने सुझाव दिया कि तिमाही प्रगति रिपोर्ट न भेजनेवाले विभागों एवं लोकेशनों को लिखित रूप में स्मरण पत्र भेजे जाने चाहिए। राष्ट्रीय सुरक्षा दिवस के अवसर



पर उपस्थित सभी सदस्यों द्वारा हिन्दी में सुरक्षा शपथ ली गई। राजभाषा चल ट्राफी का प्रथम पुरस्कार बरौनी टीओपी, द्वितीय पुरस्कार, पटना टीओपी, तृतीय पुरस्कार प्रादेशिक कार्यालय रांची (रिटेल), तथा आई एंड सी, कोलकाता एवं प्रादेशिक कार्यालय भुवनेश्वर (रिटेल) को प्रोत्साहन पुरस्कार तथा प्रशस्ति पत्र प्रदान किये गये। हिन्दी के अच्छे कार्यान्वयन के लिए सीओ मुंबई की ओर से भी बरौनी, पटना, रांची, तथा हिन्दी प्रस्तुतीकरण के लिए दुर्गापुर एलपीजी तथा ई एंड पी कोलकाता को प्रोत्साहन पुरस्कार, श्रीमती सुषमा जाधव द्वारा प्रदान किया गए। सम्मेलन के दौरान आयोजित हिन्दी कार्यशाला में हिन्दी अधिकारी द्वारा इंडिक हिन्दी सॉफ्टवेयर की सहायता से सरलता पूर्वक हिन्दी में टाइप करने के संबंध में प्रशिक्षण दिया गया तथा ऑन लाइन हिन्दी तिमाही रिपोर्ट भरने के संबंध में चर्चा की गई। हिन्दी अधिकारी द्वारा धन्यवाद ज्ञापन के साथ सम्मेलन का समापन किया गया।

जीवन को ऊर्जामय बनाने का एक प्रयास

बीकानेर एलपीजी टेरिटरी में इस वर्ष अनाथालय के विकलांग बच्चों के साथ गणतंत्र दिवस मनाया। इस महान कार्य के लिए अपना योगदान देने के प्रति प्रत्येक स्टाफ वचनबद्ध था। वर्ष 2006 में शुरू हुआ 'सेवा आश्रम' एक एनजीओ 'सौर चेतना एवं ऊर्जा विज्ञान' द्वारा चलाया जाता है। यहाँ पर मूक /बहरे / अंधे और मानसिक रूप से विकलांग बच्चों की देखभाल की जाती है। अनाथालय के प्रबंधन से संपर्क कर, बच्चों की जरूरतों को जानकर, 26 जनवरी को उनकी जरूरतों की चीजें उन्हें प्रदान की गई। बीकानेर टीम के लिए यह वास्तव में अविस्मरणीय दिन था। भारत गैस के इस प्रयास के लिए अनाथालय के प्रबंधन ने हार्दिक कृतज्ञता व्यक्त की।





डिजिटल साक्षरता और कम्प्यूटर शिक्षा हमारे देश की शिक्षा के क्षेत्र में एक महत्वपूर्ण भूमिका निभाती है, इसी को ध्यान में रखते हुए हमने हमारी सीएसआर की गतिविधियों के अंतर्गत लखनऊ एवं उनके आसपास के जिलों में कम्प्यूटर शिक्षा प्रदान करने पर ध्यान केंद्रित किया है। एनजीओ, प्रथम इन्फोटेक फाउन्डेशन के साथ मिल कर डिजिटल साक्षरता, जीवन कौशल एवं कम्प्यूटर शिक्षण का कार्यक्रम 30 स्कूलों में चलाया गया, जिससे 12000 छात्र छात्राएं लाभान्वित हुये। CAL प्रोजेक्ट से जुड़े स्कूलों के शिक्षकों के लिए 27 फरवरी से 1 मार्च तक, एक तीन दिवसीय प्रशिक्षण कार्यशाला लखनऊ टेरिटरी एलपीजी प्लान्ट

में रखी गई। इस कार्यक्रम का उद्देश्य बीपीसीएल का कुछ समय बाद इस प्रोजेक्ट से बाहर निकलने के बाद शिक्षकों को कम्प्यूटर के प्रबंधन के मामले में आत्मनिर्भर बनाना था। इस प्रकार शिक्षकों को कम्प्यूटर का बुनियादी ज्ञान देने के साथ साथ उन्हें सीखने एवं अभ्यास करने का मौका भी दिया गया। बीपीसीएल के सीएसआर टीम की सदस्या सुश्री लीन लीमा फर्नान्डीस ने इस सत्र का सक्रिय रूप से संचालन किया। श्री आशुभारती टी एम (एलपीजी) लखनऊ ने शिक्षकों को बीपीसीएल संगठन के बारे में संक्षिप्त जानकारी दी।

भरारी: शिवड़ी इन्स्टलेशन की उपलब्धि



शिवड़ी इन्स्टलेशन द्वारा एक वर्टिकल इंटेग्रेशन कार्यक्रम 'भरारी' द्वारा एक बड़ी उपलब्धि हासिल की गई। शिवड़ी के मैनेजमेंट एवं नॉन मैनेजमेंट के करीब 180 स्टाफ इसमें शामिल हुए। कार्यक्रम 6 बैच में निष्पादित हुआ। प्रत्येक बैच में प्रतिभागियों के लिए बढ़े हुए उत्पादन, लागत सतर्कता, वर्धित गुणवत्ता और उच्च दर्जे की सुरक्षा, इन चार महत्वपूर्ण निष्पादन मापदंडों पर सत्र लिये गये। प्रतिभागियों ने करीब 186 सुझाव दिये। उक्त कार्यवाही मर्दों पर हुई प्रगति की जाँच मासिक/तिमाही रूप से की जायेगी।

सुरक्षा के क्षेत्र में नये कीर्तिमान

1 मार्च 2014 को एलपीजी उत्पाद डिस्पैच विभाग ने 32 बार, 6 महीने की अवधि के हिसाब से लगातार (16 वर्ष) बिना किसी दुर्घटना के पूरे किए, इस अवसर पर जश्न मनाने के लिए एलपीजी प्लान्ट द्वारा 24 मार्च 2014 को एक अलग प्रकार से समारोह आयोजित किया गया जिसमें एक जुटता की संस्कृति को दर्शाया गया। कार्यक्रम का मुख्य आकर्षण माथाडी कामगार द्वारा प्रस्तुत किया गया। 'लेजीम' नृत्य, साथ ही एलपीजी कर्मचारियों द्वारा 'पौवडा' के माध्यम से एलपीजी संयंत्र में सुरक्षा के महत्व के बारे में बताया गया। समारोह में एलपीजी प्लान्ट के सभी कर्मचारियों ने उत्साहपूर्वक भाग लिया। एलपीजी टीम की इस विशेष उपलब्धि के लिए बधाई!





पुणे एलपीजी टेरिटरी के अधिकारियों/ कर्मचारियों के लिए 22 फरवरी 2014 का दिन, एक यादगार दिन था। इस दिन श्री जे पी डांगे आयएस, पूर्व मुख्य सचिव

महाराष्ट्र एवं अध्यक्ष, महाराष्ट्र वित्त आयोग, टेरिटरी ऑफिस में आये थे, इस अवसर पर श्री डी सत्यनारायण जी ने श्री जे पी डांगे का फूलों का गुलदस्ता देकर स्वागत किया। तत्पश्चात एलपीजी प्लान्ट की गतिविधियों पर एक संक्षिप्त प्रस्तुति दी गई, एवं बताया गया की यह टेरिटरी, पुणे जिले के 13.4 लाख घरेलू उपभोक्ताओं की बुनियादी ईंधन की आवश्यकता की पूर्ति करती है। उन्हें प्लान्ट

संचारिका क्षमता निर्माण कार्यशाला

बीपीसीएल के लिये, लोगों का विकास, सहयोग एवं समावेश, इन तीन महत्वपूर्ण मूल्यों के अनुसार, अपने कर्मचारियों की क्षमता निर्माण महत्वपूर्ण है। **बीपीसीएल सीएसआर टीम** ने 19 से 21 दिसम्बर, 2013 तक अपने साझेदार एनजीओ के लिए 'जाँच मूल्यांकन तथा निधि प्रबंधन' पर क्षमता निर्माण प्रशिक्षण आयोजित किया। देश के 20 एनजीओ के 44 प्रतिनिधियों और बीपीसीएल सीएसआर टीम के दो सदस्यों ने प्रशिक्षण में भाग लिया। श्री एम. पी. गोविंदराजन, महाप्रबंधक (मासंसे) प्रभारी ने कार्यशाला का उद्घाटन करने के बाद पणधारियों के क्षमता निर्माण और देश में कौशल विकास की आवश्यकता के बारे में बताया। नई प्रौद्योगिकी ने हमारा जीवन बदल दिया है। अतः भारत के बेहतर भविष्य के लिए कम्प्यूटर सीखना अत्यन्त महत्वपूर्ण है, इस दृष्टि से बीपीसीएल कम्प्यूटर असिस्टेड लर्निंग (सीएएल) परियोजना के अंतर्गत, रामगढ़ के 33 जिला परिषद स्कूलों में, पिछले 4 सालों से कम्प्यूटर का प्रशिक्षण दे रहा है। परियोजना के निष्पादन के लिए, एनजीओ,



द्वारा अपनायी जानेवाली सुरक्षा प्रणालियों के बारे में भी बताया गया एवं प्लान्ट पर ले जाकर सिलेण्डर कैसे भरे जाते हैं, यह भी दिखाया गया। वे अपनायी जानेवाली बायोमेट्रिक प्रणाली से भी बहुत प्रभावित हुए। हरित क्रांति के तहत श्री प्रशांत सुर्यवंशी द्वारा, संयंत्र में सौर एवं पवन ऊर्जा के उत्पाद के बारे में, साथ ही संयंत्र की एडमिन इमारत भी सौर एवं पवन ऊर्जा पर चल रही है, इस बारे में बताया गया। पर्यावरण पहल के तहत उन्होंने वृक्षा रोपन भी किया। प्लान्ट के दौरे के बाद वे एलपीजी वितरक गुजर एन्ट रप्राइजेस के यहां पर भी गये जहाँ उन्हें ट्रान्सपरन्सी/पारदर्शिता पोर्टल, सक्सिडी स्थानांतर के साथ बीपीसीएल द्वारा ग्राहक सेवाओं के मानकों को सुधार के लिए अपनाई जाने वाली अत्याधुनिक तकनीक से भी अवगत कराया गया। इस दौरे का समन्वयन श्री एस भारद्वाज, उपप्रबंधक (एलपीजी परिचालन) द्वारा किया गया।



'प्रथम इन्फोटेक फाउंडेशन' से साझेदारी की गई है। परियोजना में कम्प्यूटर शिक्षक को 'संचारिका' कहा जाता है। सीएएल परियोजना के प्रभावी कार्यान्वयन हेतु परियोजना के पणधारियों विशेषतः संचारिकाओं को अधिक सबल करने के उद्देश्य से उरण के प्लान्ट में कार्यशाला का आयोजन हुआ। कार्यशाला में पाठ योजना, कक्षा प्रबंधन, सम्प्रेषण कौशल, मूल्य शिक्षा, बीपीसीएल के निगमित मूल्य और स्वास्थ्यसंबंधी जानकारी आदि विषय थे।

अग्नि सेवा सप्ताह

एनजेपी टीओपी में 14 से 20 अप्रैल, 2014 के दौरान अग्नि सेवा सप्ताह मनाया गया। सप्ताह के दौरान कर्मचारी व श्रमिक मज़दूरों के लिए विभिन्न कार्यक्रम आयोजित किए गए जैसे कि मॉक फायर ड्रिल, ऑफ-शिफ्ट ड्रिल, सुरक्षा प्रश्नमंच, इत्यादि। फायर सर्विस ट्रेनिंग सेंटर, एयरपोर्ट ऑथोरिटी ऑफ इंडिया, दमदम, कोलकाता में प्रशिक्षित कर्मचारियों ने अपना ज्ञान और अनुभव बाँटा।

चेरलापल्ली संस्थापन

राष्ट्रीय सुरक्षा सप्ताह के उद्घाटन समारोह में सीआईएम, श्री संजीव रैना ने इसके आयोजन का महत्व समझाया। राष्ट्रीय सुरक्षा ध्वज फहराया गया और सुरक्षा प्रतिज्ञा ली गई। सप्ताह के दौरान विभिन्न गतिविधियाँ चलाई गईं जैसे कि डीसीपीएफई हैंडलिंग तकनीक का प्रदर्शन, हेल्परों, ड्राइवरों को प्रशिक्षण, फायर ड्रिल इत्यादि



पारादीप तटीय संस्थापन

43वां राष्ट्रीय सुरक्षा सप्ताह पारादीप तटीय संस्थापन पर दिनांक 5 से 6 मार्च 2014 को बहुत ही जोश एवं उत्साह के साथ मनाया गया। उत्सव की शुरुवात सभी अधिकारियों, कर्मचारियों, अनुबंध कामगारों ने सुरक्षा प्रतिज्ञा के साथ की। इस अवसर पर माननीय अध्यक्ष एवं प्रबंध निदेशक का संदेश, एकत्रित समूह की संयंत्र प्रभारी, पारादीप संस्थापन द्वारा बताया गया। राष्ट्रीय सुरक्षा सप्ताह की थीम 'कार्यस्थल पर तनाव का प्रबंधन', की चर्चा करने के लिए सुप्रसिद्ध मास्टर ट्रेनर डॉ. रजनी रंजन को बुलाया गया था, उन्होंने तनाव परीक्षण, और परिवारिक जीवन में तनाव से निपटने के लिए कुछ सरल सूत्र बताये, साथ ही बुनियादी प्राथमिक चिकित्सा उपचार तथा रोगी को एम्बुलैन्स में ले जाते वक्त किन बातों की सावधानियां रखी जाएं, आदि के बारे में जानकारी दी। डॉ. मिश्रा का यह सत्र सभी को बहुत ज्ञानवर्धक एवं रोचक लगा। इस कार्यक्रम की सभी अधिकारियों एवं कर्मचारियों द्वारा बहुत सराहना की गई। श्री आशुतोश कुमार चौधरी, साईट इंजीनियर (ई एण्ड पी) पूर्व द्वारा कर्मचारियों एवं अनुबंध कामगारों के लिए एक प्रश्नोत्तरी कार्यक्रम का आयोजन किया गया। श्री दशरथि पत्रा ने इस कार्यक्रम को सफल बनाने हेतु सभी को शुभकामनाएं दीं।



शिवड़ी संस्थापन

राष्ट्रीय सुरक्षा दिन/सप्ताह पूरे उत्साह से शिवड़ी में मनाया गया। विभिन्न कार्यक्रमों और प्रतियोगिताओं से लैस इस अभियान में ट्रांसपोर्ट क्लब, विक्रेताओं तथा कॉन्ट्रैक्ट स्टाफ सहित सभी स्टाफ ने भाग लिया। सुरक्षा स्लोगन प्रतियोगिता, ज्ञान बढ़ाने वाले व्याख्यान, ऑडियो विजुअल शोज़, एसओपी लेखन प्रतियोगिता शून्य परियोजना प्रतियोगिता, सुरक्षा प्रश्नोत्तरी, क्रॉसवर्ड आदि अनेकाअनेक कार्यक्रम आयोजित किए गए। अनेक सुरक्षा उपकरणों की प्रदर्शनी भी लगाई गई जैसे सुरक्षा हार्नेस, आँखों का बचाव, आई वॉश उपकरण आदि।



सीडीयू-4, मुंबई रिफाइनरी

43वां राष्ट्रीय सुरक्षा दिवस मुंबई रिफाइनरी द्वारा सुरक्षा माह के रूप में सीडीयू 4 की साईट पर, 4 मार्च 2014 को बड़े जोश एवं उत्साह के साथ मनाया गया। राष्ट्रीय सुरक्षा दिवस उत्सव का प्रारंभ श्री एम बी पिम्पले, उपमहाप्रबंधक, परियोजना (आई एंड सी) द्वारा, श्री सी रविन्द्रन, डीजीएम, सीसीआर परियोजनाएं, बीपीसीएल सीडीयू-4 परियोजना टीम के सदस्यों, ईआईएल और सभी ठेकेदारों की उपस्थिति में सुरक्षा ध्वज फहराने के साथ संपन्न हुआ। सुरक्षा का संदेश एक नुक्कड़ नाटक के माध्यम से दिया गया, जिसमें सुरक्षा उपकरणों के पहनने के महत्व एवं एचएसई के मानदंडों का पालन करने के बारे में, एक बहुत ही सरल और प्रभावी ढंग से जानकारी दी गई। इस अवसर पर अपने संबोधन में श्री एम. बी. पिम्पले ने सभी को सीडीयू साइट पर सुरक्षा मानकों का पूर्ण रूप से एवं जीविका पालन करने पर सराहना की। श्री सी रविन्द्रन ने भी सीडीयू-4 साईट पर सतर्क रहने को कहा क्योंकि विभिन्न एजेन्सी द्वारा विभिन्न गतिविधियां एक साथ की जा रही हैं। अधिकारियों, सुपरवाइजर एवं कामगारों के योगदान को प्रोत्साहित करने के लिए एवं सीडीयू-4 स्थल पर एचएसई की सर्वश्रेष्ठ प्रथाओं का पालन करने के लिए विभिन्न श्रेणियों में सबसे अच्छे ढंग से सुरक्षा के नियमों का पालन करनेवाले को सम्मानित किया गया। पुरे सीडीयू-4 टीम ने संकल्प लिया कि वे ऐसा प्रयास करेंगे जिससे परियोजना स्थल, एचएसई के 'संदर्भ साईट' के रूप में जानी जाये।



मनमाड संस्थापन

दिनांक 4 मार्च से 7 मार्च, 2014 तक मनमाड संस्थान में राष्ट्रीय सुरक्षा सप्ताह मनाया गया। आरंभ में सभी कर्मचारियों को सुरक्षा प्रतिज्ञा दिलवाई गई। गुरुकृपा अस्पताल, ठाणे के सर्जन डॉ.डी.जी. पंडित द्वारा स्वास्थ्य शिविर का आयोजन किया गया। सप्ताह के दौरान टैंक लॉरी ड्राइवर/ क्लिनरों के लिए योग शिविर का आयोजन किया गया जिसमें योग गुरु श्री देवीदास चौधरी ने मार्गदर्शन किया। इस अवसर पर एक डीसीएमपी ड्रिल भी आयोजित की गई जिसमें संयुक्त निदेशक, औद्योगिक सुरक्षा और आरोग्य, डी आई एस एच, नासिक ने सुरक्षा के बारे में विस्तृत जानकारी दी। उत्तम डीसीएमपी प्रदर्शन के लिए मनमाड को द्वितीय पुरस्कार प्रदान किया गया। संस्थान में सुरक्षा स्लोगन प्रतियोगिता भी आयोजित की गई।

सुरक्षा पहले

हमारे अध्यक्ष एवं प्रबंध निदेशक द्वारा हाल में शुरू की गई वार्ता श्रृंखला 'लेट्स टॉक' में हर बार उन्होंने हमारे रोजाना के परिचालनों में सुरक्षा के महत्व पर जोर दिया है और 'सेफ्टी फर्स्ट-सेफ्टी मस्ट' के दर्शन पर इसका पालन करने की हिदायत दी है। इसे आगे ले जाते हुए सभी आउटलेट की सुरक्षा मजबूत करने की दृष्टि से ई डी (रिटेल) प्रभारी ने रिटेल आउटलेट में सुरक्षा की तैयारी और एसओपी का पालन के लिए सम्पूर्ण फील्ड फोर्स के लिए एक खास 'सुरक्षा सप्ताह' आयोजित किया। इसके अन्तर्गत विभिन्न कार्यक्रम आयोजित किए गए जैसे सुरक्षा वार्ता/उपकरणों का वास्तविक प्रदर्शन/अभियान/डीलर्स, डीएसएम के साथ मिलकर सुरक्षा जाँच, जिसमें, विक्रेता, तकनीशियन, ग्राहक आदि सभी का समावेश हो। सभी टेरिटरी के रिटेल आउटलेट ने उक्त 'सुरक्षा सप्ताह' मनाया। इस दौरान नाना प्रकार की गतिविधियाँ आयोजित की गई जिसमें सभी पणधारकों की सक्रिय सहभागिता प्राप्त हुई। सुरक्षा ऑडिट, सुरक्षा प्रश्नोत्तरी, बैनर्स, स्लोगन, मिनी मॉक फायर ड्रिल जैसी अनेक चीजें आयोजित की गई, जिनका सभी ने आनंद उठाया और सुरक्षा अपनाने के प्रति अपने सरोकार व्यक्त किए।



सुरक्षा स्लोगन

जीवन के हर क्षण में याद रखो यह बात ।

सुरक्षा से काम करने में न करें कोई पक्षपात ॥

सुरक्षा के साथ न किया यदि समझौता ।

तो दुर्घटना को दे सकते हैं मौका ॥

गुणवत्ता व मजबूती है सुरक्षा पाइप की पहचान ।

देश के हर रसोई में है अपना भारत गैस महान ॥

क्वालिटी व क्वान्टिटी से लैस ।

सभी अपनायें सुरक्षित भारतगैस ।

- संदीप कुमार शर्मा,
सुल्तानपुर एलपीजी प्लांट

उलूबेड़िया एलपीजी संयंत्र,

सुरक्षा, हमारी पूरी टीम और हितधारकों के लिए, न्यूनाधिक रूप में आत्मसात करने और जिम्मेदारी निभाने की एक प्रक्रिया है। सुरक्षा माह की अवधारणा, हमें वांछित दिशा में प्रेरित करती है। सुरक्षा माह समारोह के एक भाग के रूप में उलूबेड़िया एलपीजी संयंत्र, कोलकाता द्वारा इसके सभी सहयोगियों को शामिल करते हुए सुरक्षा कार्यक्रमों की एक श्रृंखला आयोजित की गयी थी। एक सामान्य प्रक्रिया के रूप में, महीने में दो बार, संयंत्र सुविधाओं के वास्तविक समय सुरक्षा निर्धारण के साथ 'मॉक फायर ड्रिल' का आयोजन किया जाता है। इसके अलावा पूरे दल के लिए टोलियों में प्रशिक्षण कार्यक्रम तथा प्रतियोगिताओं का भी आयोजन किया गया। तीन दिवसीय पीसीवीओ प्रशिक्षण कार्यक्रम एवं कर्मचारियों तथा अनुबंध कर्मचारियों हेतु सुरक्षित परिचालन प्रशिक्षण, सुरक्षा प्रहरियों हेतु आपदा प्रबंधक, फायर होज़ हैंडलिंग प्रशिक्षण तथा रात्रिकालीन सुरक्षा प्रहरी हेतु ड्रिल आदि, सुरक्षा माह समारोह की प्रमुख गतिविधियां रहीं।



शिवड़ी में प्राथमिक उपचार

दिनांक 14 मार्च, 2014 को शिवड़ी के स्टाफ के लिए एक प्राथमिक उपचार प्रशिक्षण कार्यक्रम आयोजित किया गया, जो इस शृखंला का तीसरा ऐसा कार्यक्रम था और अब शिवड़ी संस्थापन में कुल 85 प्राथमिक उपचार करने वाले स्टाफ हो गए हैं। यह प्रशिक्षण औद्योगिक स्वास्थ्य एवं सुरक्षा निदेशालय द्वारा अनुमोदित सेंट जॉन्स एम्ब्यूलेन्स द्वारा दिया गया था। संकाय डॉ. अरूणा कुलकर्णी ने विभिन्न बातें बताते हुए ड्रेसिंग और बेन्डेज, घाव, जले, कटे पर उपचार, रक्तस्राव, ज़हर, स्ट्रोक, हृदयाघात जैसे विभिन्न विषयों पर प्रकाश डाला।



साथ जो छोड़ा तुमने

सोचा न कुछ बिचारा, छोड़ा जो मेरा साथ,
वादा किया था तुमने, पकड़ा था मेरा हाथ,
देकर के सारी खुशियाँ परिवार को सँभाला,
सारे गर्मों को सहकर दुःख से हमें निकाला।
जीवन में तुमने मुझसे कुछ भी नहीं है माँगा,
अफसोस यही मुझको कितना हूँ मैं आभागा,
सुख के दिनों में प्रभु ने यह जुल्म कर दिया,
इस उम्र के पड़ाव पर एक जख्म कर दिया।
करके अकेला मुझको संताप में डुबाया,
पगपग पे मशविरा दे, जीवन को था सजाया,
खुशियाँ कुटुम्ब में जो तुमने थीं बिखेरीं,
बदले में कुछ न चाहा ऐसी थी दिलेरी,
बन करके ढाल सबको देती रहीं सझारा,
अपना कभी न सोचा कैसे करे गुजारा।
प्रार्थना यही मेरी, जीवन नया जो पाया,
शान्ति मिले सदा ही, प्रभु से यही है माँगा,
जब-जब जनम मिले, तो मेरा साथ तुम निभाओ।
'गोविन्द' के मन में हरदम निवास पाओ।

रामगोविन्द अग्निहोत्री,
भौंती डिपो, कानपुर

स्वास्थ्य अभिक्रम



हमारे ईएसई विभाग ने अपने कर्मचारियों के लिए नाड़ी परीक्षा, एक्युप्रेसर आदि जैसे विभिन्न स्वास्थ्य संबंधित अभिक्रमों के क्रम में दिनांक 14 मार्च 2014 को मुंबई रिफाइनरी, आडिटोरियम में हृदय से जुड़ी समस्या और बदली हुई जीवनशैली पर एक चर्चा का आयोजन किया, जिसमें साने केअर माधव बाग के डॉ. गुरुदत्त अमीन को आमंत्रित किया गया था। उन्होंने ब्लॉकज और हृदय से जुड़ी समस्याओं, और उनसे कैसे निपटें, इस पर चर्चा की। इसी दिशा में 25 एवं 26 मार्च 2014 को एक शिविर भी आयोजित किया गया जिसमें ईसीसी, बीएमडी और वीपीटी की जाँच की गई और आवश्यकतानुसार आयुर्वेदिक उपचार की सलाह दी गई। इस दो दिवसीय शिविर में 280 से अधिक कर्मचारियों ने अपनी जाँच कराई।

मनमाड संस्थापन में बॉम्ब थ्रेट ड्रिल का आयोजन



दि. 3.4.2014 को मनमाड संस्थापन में बॉम्ब थ्रेट ड्रिल का आयोजन बॉम्ब डिटेक्शन और डिस्पोज़ल स्काड (बीडीडीएस) मालेगांव और स्थानिक पुलिस टीम मनमाड की उपस्थिति में हुआ। इस कार्यक्रम में श्री भागवत सोनावणे, पुलिस निरीक्षक मनमाड और मनमाड पुलिस कर्मचारी तथा श्री भागीरथ सोनावणे कमांडो बॉम्ब डिटेक्शन और डिस्पोज़ल स्काड(बीडीडीएस) मालेगांव और संस्थापन में कार्यरत उपस्थित सभी अधिकारी एवं कर्मचारी गण भी मौजूद थे। मनमाड संस्थापन के वरिष्ठ प्रबन्धक श्री श्रीधर सिदगम ने इन सबका स्वागत करते हुए मनमाड संस्थापन ने सुरक्षा के प्रति जो कदम उठाए हैं, उनके बारे में जानकारी देकर सुरक्षा के प्रति मनमाड संस्थापन हमेशा सजग रहा है ऐसा कहकर, सुरक्षा के बढ़ाने के लिए बीडीडीएस टीम से सलाह भी मांगी।

बॉम्ब डिटेक्शन और डिस्पोज़ल स्काड (बीडीडीएस) मालेगांव के श्री भागीरथ सोनावणे ने प्रस्तुतिकरण करते हुए निम्नलिखित मुद्दों पर विस्तृत चर्चा की और उपस्थितियों को सुरक्षा के बारे में अवगत कराया। बॉम्ब के प्रकार, बॉम्ब को कैसे परखें। अगर संस्थापन में आईईडी पाया गया तो किस प्रकार की एहतियात बरतें। जैसे की अगर कोई लावारिस चीज संस्थापन में मिलती है तो इसके बारे में तुरंत अधिकारियों को खबर देनी चाहिए, उसे छुना नहीं चाहिए, रेत की बोरियों का इस्तेमाल कर उसे ढक देना चाहिए और अगले कार्यवाही के लिए पुलिस को फौरन खबर देनी चाहिए। इसके अलावा उन्होंने बॉम्ब में इस्तेमाल की जानेवाली स्विचेस, उपयोगी उपकरण के बारे में जानकारी दी। डेटोनेटर का कार्य और इससे संबन्धित की जानेवाली उपाय योजना और इसके बारे में विविध दाखिले दिए, घटनाओं का चलचित्र और जो हादसे प्रत्यक्ष हुए हैं, उस बारे में विस्तृत जानकारी भी दी। इस संदर्भ में उन्होंने श्री राजीव गांधीजी की हत्या, मानवीय बॉम्ब से किस प्रकार हुई और वर्ल्ड ट्रेड सेंटर पर हमला कैसे किया गया, इसके बारे में अवगत किया। अलग अलग प्रकार के आइने, जाँच पड़ताल यंत्र भी दिखाए। इसके साथ ही उपस्थितियों को हमेशा सतर्क रहने के लिए कहा। सुरक्षा के बारे में कई टिप्पणियाँ सुरक्षा कर्मचारियों को दीं और संस्थापन के सुरक्षा कर्मचारियों के लिए प्रशिक्षण देने का आश्वासन भी दिया।

रांची डिपो में डीसीएमपी फायर ड्रिल

दिनांक 25.03.2010 को निगम की आपदा प्रबंधन नीति के तहत डीएसएमपी ड्रिल का आयोजन किया गया; जिसमें डिपो, रिटेल टेरिटरी के कर्मचारियों, अग्निशमन विभाग के अधिकारियों तथा रेल्वे प्रोटेक्शन फोर्स, रांची के अधिकारियों ने हिस्सा लिया। अग्निशमन विभाग के टीम प्रमुख श्री मिथिलेश कुमार और रेल्वे सुरक्षा वाहिनी के प्रभारी श्री ए.के. गोरार्ई ने भारत पेट्रोलियम की सुरक्षा व्यवस्था की सराहना की।



भितौनी डिपो में डीसीएमपी

दिनांक 20.3.2014 को भितौनी डिपो में औद्योगिक स्वास्थ्य और सुरक्षा के उप निदेशक श्री डी.एम. नीमा की उपस्थिति में डीसीएमपी आयोजित की गयी। यह उप प्रबंधक (आई एण्ड सी, भितौनी डिपो) द्वारा फैक्टरी इंस्पेक्टर को दिए गए आपात कालीन प्लान के अनुसार आयोजित की गई। डिजास्टर कंट्रोल मैनेजमेंट प्लान (डीसीएमपी) को टेरिटरी मैनेजर श्री रवि रंजन सहाय तथा आईओसी, एचपीसी एवं एलपीजी बीपीसीएल तथा शाहपुरा के मेडिकल प्रतिनिधियों ने देखा। उल्लेखनीय है कि सभी उपस्थितों ने सुरक्षा की तैयारियों की काफी प्रशंसा की और वे प्रदर्शन से काफी प्रभावित हुए।



अग्नि रोकथाम सप्ताह

निम्न कार्यक्रमों के साथ कर्मचारियों, अधिकारियों, अनुबंध कामगार, सुरक्षा गार्ड तथा पीसीवीओ दल को शामिल कर भव्य तरीके से अग्नि रोकथाम सप्ताह मनाया गया :-

1. संस्थापन में प्रशिक्षण :

- ✓ पीसीवी दल, अनुबंध कर्मचारियों एवं कर्मचारियों/अधिकारियों के लिए अग्नि, सुरक्षा और अग्नि रोकथाम जागरूकता कार्यक्रम का आयोजन किया गया।
- ✓ पीसीवी दल के लिए डीसीपी हैंडलिंग और ओआईएसडी -154 प्रशिक्षण
- ✓ अनुबंध कर्मचारी एवं कर्मचारियों के लिए ओआईएसडी -154 और डीसीपी / होज हैंडलिंग प्रशिक्षण
- ✓ सुरक्षा गार्ड के लिए फायर इंजन को शुरू एवं बंद करने संबंधी प्रशिक्षण
- ✓ सुरक्षा गार्ड को ओआईएसडी -154 और डीसीपी / होज हैंडलिंग प्रशिक्षण

2. आरओ में प्रशिक्षण एवं निरीक्षण : अग्नि रोकथाम सप्ताह 4 चुनिन्दा आरओ में मनाया गया। प्रबंधक परिचालन ने आग एवं सुरक्षा पर सुपरवाइजर्स एवं डीएसएम को संक्षेप में जानकारी दी और अग्नि रोकथाम की जरूरत पर बल दिया। उसके पश्चात आरओ का निरीक्षण किया गया और सुपरवाइजर्स एवं डीएसएम को 10 किलो डीसीपी हैंडलिंग पर प्रशिक्षण दिया गया।

3. बीपीसीएल एलपीजी के साथ मिलकर संयुक्त रूप से कर्मचारियों, अधिकारियों एवं सुरक्षा गार्डों के लिए एपी फायर



सर्विस द्वारा प्राथमिक चिकित्सा अग्निशमन और बचाव कार्य से संबंधित प्रशिक्षण दिया गया।

- प्रबंधक परिचालन ने अग्नि रोकथाम की जरूरत पर पीसीवी दल को संक्षिप्त जानकारी दी.
- नव नियुक्त पीसीवी चालक ने डीसीपी अग्निशामक चलाने की तकनीक को दर्शाया.
- प्रबंधक परिचालन ने अग्नि रोकथाम की जरूरत पर अनुबंध कर्मचारियों को संक्षिप्त जानकारी दी.
- फायर अधिकारी ने विभिन्न प्रकार की अग्निशमन नोजल्स के उपयोग के बारे में संक्षिप्त जानकारी दी.
- अनुबंध सुरक्षा गार्डों ने अग्निशमन अधिकारी की उपस्थिति में होज हैंडलिंग तकनीक को दर्शाया.
- फायर ब्रिगेड ने ऊंचाई पर बचाव प्रक्रियाओं को दर्शाया.



श्री एम आर रावराणे
प्रबंधक,
एलपीजी (मुंबई रिफाइनरी) - 35 वर्ष



श्री एन के रंगनाथन
उप प्रबंधक,
एचआरएस पश्चिम क्षेत्र - 30 वर्ष



श्री झिल्लू बी चिपटे
एल.वी.डी,
एचआरएस पश्चिम क्षेत्र - 30 वर्ष



श्री बालकृष्ण डी तावडे
एल.वी.डी,
एचआरएस पश्चिम क्षेत्र - 30 वर्ष



श्री आनंद के पाटिल
एल.वी.डी,
एचआरएस पश्चिम क्षेत्र - 30 वर्ष



श्री सुरेश वाई मोहिते
एल.वी.डी,
एचआरएस पश्चिम क्षेत्र - 30 वर्ष



श्री अनिल त्रेहन,
सचिव,
मा.सं.से, उत्तर - 35 वर्ष



श्री प्रेम सिंह,
एल.वी.डी, प्रशासन, मासंसे,
उत्तर, नोएडा - 30 वर्ष



श्री राजेन्द्र प्रसाद तिवारी,
फाइलिंग अटेन्डेन्ट, प्रशासन
मा.सं.से. उत्तर - 30 वर्ष



श्री अशोक कुमार,
असिस्टेन्ट-1, प्रशासन,
मा.सं.से. उत्तर - 30 वर्ष



श्री राजेन्द्र सिंह,
अटेन्डेन्ट, प्रशासन, मा.सं.से
उत्तर, नोएडा - 30 वर्ष



श्री वी एस बवालिया,
जनरल ऑपरेटर,
राजकोट एलपीजी - 25 वर्ष

एलपीजी, चेरलापल्ली में कर्मचारियों ने

निगम की 30 वर्ष सेवा पूरी की :

श्री जी सिवकुमार, सहायक प्रबंधक

श्री ईडीए नागभूषणम, कार्यपालक (ऑप्स)

श्री वाई श्रीनिवास राव, प्रोसेस ऑपरेटर

श्री कटकम सुरेश, तकनीशियन

श्री कम्मारी शिव शंकर, प्रोसेस ऑपरेटर

श्री तलागमा अंजनेयुलू, ऑपरेटर



राष्ट्रीय स्कूल खेलकूद चैम्पियनशिप



महेन्द्र फणसेकर के सुपुत्र **मास्टर पार्थ फणसेकर**, जो 12वीं कक्षा के छात्र हैं, ने औरंगाबाद में आयोजित 59वीं राष्ट्रीय स्कूल खेलकूद चैम्पियनशिप 2013-14 टेबल टेनिस में 19 वर्ष की आयु वर्ग में महाराष्ट्र राज्य टीम की ओर से कांस्य पदक जीता है। उन्होंने 75वीं जूनियर और यूथ राष्ट्रीय एवं अंतर राज्य टेबल टेनिस चैम्पियनशिप 2013 में भी महाराष्ट्र टीम का प्रतिनिधित्व किया था। इसके अलावा जिला स्तर पर आयोजित कई प्रतियोगिताओं में अन्य कई पुरस्कारों से विभूषित पार्थ को बधाई देते हम हुए इनके उज्ज्वल भविष्य की कामना करते हैं।

सेवानिवृत्ति



श्री शंकर बी. दुदम, सहायक, लूब्स (डायरेक्ट) ने दिनांक 03.01.1979 को कॉर्पोरेशन में कार्यग्रहण किया और 36 वर्षों की सेवा पूर्ण करने के पश्चात वे दिनांक : 31.03.2014 को कॉर्पोरेशन से सेवा-निवृत्त हुए।



नोएडा के **श्री मुकेश चंद जैन** अटेटेंड, लॉजिस्टिक्स रिटेल, उत्तर दिनांक 28.2.2014 को रिटायर्ड हुए। इन्होंने लगभग 31 वर्ष तक कंपनी में कार्य किया।

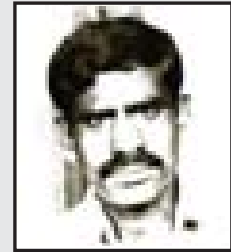
निधन सूचना



श्री दान सिंह, ऑपरेटर (प), फील्ड लोनी एलपीजी के दिनांक 04.03.2014 को हार्ट अटैक से हुए दुःखद एवं असामयिक निधन से बहुत आघात हुआ है। वह 50 वर्ष के थे।



श्री आर.जी.कुर्णे, जनरल वर्कमैन, मुंबई रिफाइनरी का दिनांक 11.04.2014 को दुःखद निधन हुआ। वे 55 वर्ष के थे। उनके परिवार में पत्नी, दो बेटे और एक बेटी है।



श्री मोसेस एम. शिल्वे, ऑपरेटर, सोलापुर एलपीजी टेरिटरी का दिनांक: 17.04.2014 को दुःखद निधन हुआ। वे 52 वर्ष के थे। उनके परिवार में पत्नी, दो बेटे और एक बेटी है।

हम कॉर्पोरेशन की ओर से शोकसंतप्त परिवार के प्रति अपनी शोकसंवेदनाएं प्रकट करते हैं।



Energising Lives Contest

A Contest for Employees

You have been touching the lives of people always - making a change, championing a cause or doing social work - energizing people throughout. We're proud of the way you've lived out BPCL's core purpose of Energising Lives. Here's your opportunity to be recognized and rewarded for your efforts !

Theme

This year, we focus on 'Energising Lives Beyond the Workplace,' which includes social service activities, education, environment, health, water, skill development, sports, women empowerment, general welfare etc.

Eligibility

- All employees of BPC can participate.
- The activity should have been implemented from January 2013 to December 2013.
- Entries can be sent by individuals or teams

Description

The following details are required :

1. Name(s), Staff number(s), Designation(s), Location, Contact Numbers and Email addresses of the members.
2. Details of the Activity (Max: 500 words)
3. Photographs of the activity
4. Benefits derived

Awards

Chairman's Award: Rs. 30,000.

Winner: Rs. 20,000.

Runner up: Rs. 10,000.

Meritorious Awards

Mail

You can send your entries to :

- a) karmarkarmc@bharatpetroleum.in
- b) piressf@bharatpetroleum.in

Contact

Ms. Marianne Karmarkar,
Email:karmarkarmc@bharatpetroleum.in
Phone: (022) 2271 3345

Or

Ms. Sharon Pires,
Email: piressf@bharatpetroleum.in
Phone: (022) 2271 3349

*Last Date
for Entries is
30th June 2014*



एनरजाइज़िंग लाइव्ज प्रतियोगिता

कर्मचारियों के लिए प्रतियोगिता

आपने कई तरह से अपने आसपास के लोगों के जीवन को छुआ है - बदलाव लाकर, अच्छे काम को आगे बढ़ाकर या समाज कार्य करके लोगों को एनरजाइज़ करते आये है। हमें गर्व है कि आपने बीपीसीएल के एनरजाइज़िंग लाइव्ज का मूल उद्देश्य सार्थक किया है। यह अवसर है अपने, कार्यों को स्वीकृत और सम्मानित कराने का।

विषय

इस वर्ष 'कार्यस्थल से परे एनरजाइज़िंग लाइव्ज' विषय पर प्रविष्टियाँ आमंत्रित करते हैं। इसमें समाज सेवा गतिविधियाँ, शिक्षा, पर्यावरण, स्वास्थ्य, जल, कौशल विकास, क्रीडा, महिला सबलीकरण, सामान्य कल्याण इत्यादि शामिल है।

पात्रता

- बीपीसीएल के सभी कर्मचारी हिस्सा ले सकते हैं।
- जनवरी 2013 से दिसम्बर 2013 के दौरान गतिविधि की गई हो।
- व्यक्तियों अथवा दलों द्वारा प्रविष्टियाँ भेजी जा सकती हैं।

विवरण

निम्न विवरण आवश्यक है:

- 1) सदस्यों के नाम, स्टाफ नंबर, पदनाम, लोकेशन, सम्पर्क क्र. और ईमेल पते
- 2) गतिविधि का विवरण (अधिकतम : 500 शब्द)
- 3) गतिविधि के फोटो
- 4) प्राप्त लाभ

पुरस्कार

चेयरमैन अवार्ड : Rs. 30,000

विजेता : Rs. 20,000

उप विजेता : Rs. 10,000

सराहनीय पुरस्कार

मेल

आप अपनी प्रविष्टियाँ निम्न को भेज सकते हैं :

क) karmarkarmc@bharatpetroleum.in

ख) piressf@bharatpetroleum.in

संपर्क :

सुश्री मॅरियन करमरकर

ईमेल : karmarkarmc@bharatpetroleum.in

दूरभाष : (022) 2271 3345

अथवा

सुश्री शेरॉन पिरस

ईमेल : piressf@bharatpetroleum.in

दूरभाष : (022) 2271 3349

प्रविष्टियाँ भेजने
की अंतिम तिथि
30 जून 2014 है

Breathtaking Beauty



Pics by Manoj Bharti, Assistant Manager Engg. (Retail) Guwahati

